

2024 East Zone Invitational A Pre-Meet Announcement

Hamden, CT

March 16-17, 2024

INVITATIONAL A

SPONSORED BY The Hamden Heronettes Artistic Swimming Club

MEET MANAGERS

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FACILITY Hamden High School
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SANCTIONED BY United States Artistic Swimming (USAAS)

RULES TO GOVERN United States Artistic Swimming 2024 Rules
Current East Zone Synchro Handbook

ELIGIBILITY Open to all Intermediate, 12 & Under Age Group, Youth (13-15) Age Group,
16 & Over Age Group with exceptions of over qualifications listed below

Over qualifications: Any swimmer who participated in the East Zone Youth,
Junior or Senior Championships is overqualified for the Invitational in that
event only

PRE-MEET ENTRY

Please use the link below to complete your pre-meet entry by **Monday, January 15, 2024**

<https://forms.gle/bTzaBb2fu4dWnByU8>

EVENTS

Intermediate 10 & Under, 11-12, 13-15, 16 & Over: Solo (includes Girls/Women, Boys/Men and Gender Inclusive Solos), Duet (includes Girls/Women, Boys/Men, Gender Inclusive and Mixed Duets), Trio, Team, Figures

Intermediate 13 & Over: Combo

12 & Under Age Group: Solo (includes Girls/Women, Boys/Men and Gender Inclusive Solos), Duet (includes Girls/Women, Boys/Men, Gender Inclusive and Mixed Duets), Team, Figures

Youth Age Group: Solo (includes Girls/Women, Boys/Men and Gender Inclusive Solos), Duet (includes Girls/Women, Boys/Men, Gender Inclusive and Mixed Duets), Team, Combo, Figures

16 & Over Age Group: Free Solo (includes Girls/Women, Boys/Men and Gender Inclusive Free Solos), Free Duet (includes Girls/Women, Boys/Men, Gender Inclusive and Mixed Free Duets), Free Team

AWD Tier 1, 2, 3 & 4: Solo (includes Girls/Women, Boys/Men and Gender Inclusive Solos), Duet (includes Girls/Women, Boys/Men, Gender Inclusive and Mixed Duets), Trio, Team, Figures

FIGURES

Figures as per USAAS Rules

Drawn figures will be announced 18-72 hours prior to the competition

TENTATIVE SCHEDULE

Saturday, March 16 & Sunday, March 17: at the discretion of the meet host, depending upon entries

Intermediates may swim on Saturday and/or Sunday

Age Group may swim on Saturday and/or Sunday

Final schedule will attempt to limit time at the pool for younger athletes