



**East Zone Intermediate/Age Group Invitational**  
**March 16th-17th, 2024**  
**Tonawanda, NY**

**\*\*\* Please fill out the survey so we can publish a more detailed schedule\*\***  
<https://forms.gle/bTzaBb2fu4dWnBvU8>

**Host:** Town of Tonawanda Aquettes

**Facility:** Town of Tonawanda Aquatic & Fitness Center  
1 Pool Plaza  
Buffalo, NY 14223

**Pool Specs:** 8 lanes, all deep

**Meet Manager:** Alexis Sandekian  
166 Mayfield Ave  
Tonawanda, NY 14150  
716-909-8257  
alexisrsandekian@gmail.com

**Sanctioned by:** United States Artistic Swimming

**Rules to Govern:** USA Artistic Swimming 2023 Official Rules  
East Zone Handbook

**Eligibility:** Open to all Intermediates, 12 & Under Age Group, Youth, 16 & Over Age Group athletes with exceptions of over qualifications listed below. All athletes must hold 2023-2024 USAAS membership.  
All athletes must be registered members of the East Zone.  
**Over qualifications:** Any swimmer who participated in the East Zone Combined Youth, Junior and Senior Championships is overqualified for the East Zone Invitational in that event only.

**Events:**

All Solo events include Girl/Woman, Boy/Man and Gender Inclusive Solos.

All Duet events include Girls/Women, Boys/Men, Gender Inclusive and Mixed Duets.

**Intermediate 10 & Under, 11-12, 13-15, 16 & Over:** Solo, Duet, Trio, Team, Figures

**Intermediate 13 & Over:** Combo

**12 & Under Age Group:** Solo, Duet, Team, Figures

**Youth Age Group:** Solo, Duet, Team, Combo, Figures

**16 & Over Age Group:** Free Solo, Free Duet, Free Team

**AWD Tier 1, 2, 3, 4, 5 & 6:** Solo, Duet, Trio, Team, Figures

**Figures:**

Figures as per USAAS Rules

Drawn figures will be announced 18-72 hours prior to the competition

**Tentative Schedule:**

Please fill out the survey at the top of this document so we can better plan

**Saturday, March 16th: All day**

Intermediate and 12&U AG figures

Intermediate and AG routines

**Sunday, March 17th: All day**

Intermediate and AG routines