**FINAL SCHEDULE**

|  |
| --- |
| **Friday, March 16** |
| 3pm |  | Doors Open |
| 3:30pm |  | Coaches meeting |
| 3:30pm | 3:45pm | Intermediate Solo lap swimming (all Intermediate solos) |
| 3:45pm | 3:55pm | Intermediate Solo warm up 1 (10/U and 11/12) |
| 3:55pm | 4:05pm | Intermediate Solo warm up 2 (13/15 and 16/O) |
| **4:15pm** | **5:30pm** | **Intermediate Solo competition (23)** |
| 5:35pm | 5:50pm | Intermediate Trio lap swim (all Intermediate trios) |
| 5:50pm | 6pm | Intermediate Trio warm up 1 (10/U and 11/12) |
| 6pm | 6:10pm | Intermediate Trio warm up 2 (13/15 and 16/O)  |
| 6:15pm | 7:15pm | **Intermediate Trio and Mixed Duet competition (15)** |
| **Saturday, March 17** |
| 7:30am |  | Doors open |
| 8am |  | Coaches meeting |
| 8am | 8:15am | Intermediate Duet lap swim (all Intermediate duets) |
| 8:15am | 8:25am | Intermediate Duet warm up 1 (10/U and 11/12) |
| 8:25am | 8:35am | Intermediate Duet warm up 2 (13/15 and 16/O) |
| **8:45am** | **11am** | **Intermediate Duet competition (31)** |
| 11:10am | 11:20am | 1st Intermediate figure lap swim  |
| 11:20am | 11:35am | 1st Intermediate figure warm up |
| 11:35am | 11:45am | 2nd Intermediate figure lap swim |
| 11:45am- | 12am | 2nd Intermediate figure warm up |
| **12:05pm** | **2:05pm** | **Intermediate Figure competition (130)** |
| 2:10pm | 2:20pm | 12&Under AG figure lap swim  |
| 2:20pm | 2:35pm | 12&Under AG figure warm up |
| **2:40pm** | **4pm** | **12&Under AG figure competition (48)** |
| 4:10pm | 4:20pm | Intermediate Team lap swim 1 (all 10/U, 11/12 #'s 1-3) |
| 4:20pm | 4:35pm | Intermediate Team spacing 1 (all 10/U, 11/12 #'s 1-3) |
| 4:35pm | 4:45pm | Intermediate Team lap swim 2 (11/12 # 4,5 13/15 #'s 1-5) |
| 4:45pm | 5:05pm | Intermediate Team spacing 2 (11/12 # 4,5 13/15 #'s 1-5) |
| 5:05pm | 5:15pm | Intermediate Team lap swim 3 (13/15 # 6,7 all 16/O) |
| 5:15pm | 5:30pm  | Intermediate Team spacing 3 (13/15 # 6,7 all 16/O) |
| **5:35pm** | **6:45pm** | **Intermediate Team competition (19)** |
| 7pm |  | Awards |
| **Sunday, March 18** |
| 7am |  | Doors Open |
| 7:30am |  | Coaches meeting |
| 7:30am | 7:45am | 13/15 age group figure lap swim |
| 7:45am | 8am | 13/15 age group figure warm up |
| **8:15am** | **9:15am** | **13/15 Age Group Figure competition (16)** |
| 9:25am | 9:40am | Solo lap swim (all AG solos) |
| 9:40am | 9:55pm | Solo warm up (12/UAG and 13/15AG) |
| **10am** | **10:45am** | **AG Solo competition (14)** |
| 10:45am | 11:00am | Duet lap swim (all AG duets) |
| 11:00am | 11:15am | Duet warm up (12/UAG and 13/15AG) |
| **11:20am** | **12:10pm** | **AG Duet competition (13)** |
| 12:10pm | 12:20pm | Team/Combo lap swim (all AG teams) |
| 12:20pm | 12:35pm | Team spacing (3 rotations of 5 min) |
| **12:40pm** | **1:10pm** | **AG Team competition (6)** |
| 1:15pm | 1:30pm | 13-15 AG Combo spacing  |
| **1:35pm** | **1:45pm** | **13-15 AG Combo competition (2)** |
| 2pm |  | Awards |