**East Zone Intermediate & 12 and Under Age Group Championship**

**And 13/Over Age Group Routine Only Open**

**Final Schedule, June 2-4 2017**

Please note we will move up if we can. Please have your athletes at the pool at least one half hour before warm up time.

Please Note we have changed the schedule on Saturday for the 13 and over Intermediate Teams. We have an Athlete from the Rochester Team who has a prom Saturday night. As coaches and athletes we would like to helper her make her Prom. We will warm up the 13 and Over Team Immediately after Figures. Then warm up the first half of Trio. After that we will swim the 13 and Over Intermediate teams. The first half of trio’s will swim immediately after the teams. This allows everyone time to get their hair up and ready to swim. The Rochester coach thanks every one for their help.

**Friday JUNE 2**

4:00 Doors open and Registration

4:05- 4:15 Lap Swim for Duets 1-13and

4:15-4:25 Duet Spacing first third 1-13

4:30-5:10 Intermediate Duet Competition first third 1-13

5:10-5:20 lap swim for Duets second third 14-26

5:20-5:30 Duet Spacing second third 14-26

5:35-6:15 Intermediate Duet Competition second third 14-26

6:15-6:25 Lap Swim for Duets 27-35+3 Mix duets third

6:25-6:35 Duet Spacing last third 27-35 + 3 mix Duet

6:40-7:15 Duet Competition Last third 27-35 +3 mix Duets

7:15-7:25 Intermediate Solo lap Swim first half Pre-17

7:25-7:35 Solo Spacing first half Pre -17

7:35-8:20 Intermediate Solo Competition first half Pre-17

8:20-8:30 Lap Swim for Solo second half 18-34

8:30-8:40 Solo Spacing Second half 18-34

8:40-9:20 Intermediate Solo Competition second half 18-34

**Saturday JUNE 3**

8:00 Doors Open

8:05- 8:15 Lap swim first 1/3 of Figure athletes (Coaches choice 259 Figure Athletes)

8:15- 8:30 First 1/3 Athletes Figure Warm up

8:30- 8:40 Lap Swim second 1/3 of Figure Athletes

8:40- 8:55 Second 1/3 Athletes Figure Warm up

8:55- 9:05 Lap Swim last 1/3 of Figure Athletes

9:05-9:20 Last 1/3 Athletes of Figure Warm up

9:20- 1:00 Intermediate and 12&U Age Group Figure Competition

1:10-1:20 lap Swim for 13 and Over Intermediate Teams

1:20-1:40 Team Spacing for 13 and over Intermediate Teams 1-8

1:40- 2:00 Team Spacing for 13 and Over Intermediate Team 9-16

2:00- 2:10 Lap Swim for first half of Intermediate Trios 1-11

2-10- 220 Trio Spacing first half 1-11

2:20-3:25 Intermediate 13 and over Team Competition second half 1-16

3:25- 4:00 Intermediate first half Trio Competition 1-11

4:00-4:10 Lap Swim for second half of Intermediate Trios 12-23

4:10-4:20 Trio Spacing for second half of Intermediate Trios 12-23

4:20- 4:55 Intermediate Trio Competition second half 12-23

4:55:-5:05 Lap Swim for 10 and Under and 11-12 Intermediate Teams 1-16

5:05-5:45 Spacing for 10 and Under and 11-12 Intermediate Teams 1-8 & 9-16

5:45-6:45 Intermediate 10 and Under, 11-12 team Competition 1-16

**Awards**

**Sunday, JUNE 4**

8:00 Doors Open 12 and Under Age Group and 13 and Over Age Group

8:05- 8:15 Duet Lap Swim All Age Group 12

8:15-8:30 Duet first group Spacing (12 and under AG and 13 and O AG) 1-6

8:30-8:45 Duet second group Spacing (12 and under AG and 13 and O AG 7-10, +1-2

8:50- 9:30 Duet Competition 12 and Under followed by 13 and Over Age Group 1-10, +1-2

9:40- 9:50 Solo Lap Swim All Age Group Pre-10, +1-5

9:50- 10:10 Spacing for All Solo 12 and Under AG and 13 And Over Age Group Pre-10,+1-5

10:15-10:45 Solo competition 12 and U AG followed by 13 and O AG Pre -10, +1-5

10-50-11:05 Lap Swim Team- 12 and Under AG 1-6

11:05- 11:25 Team Spacing 12 and Under AG 1-6

11:35- 12:00 Team- Competition 12 and Under Age Group 1-6

**Awards**