

2024 East Zone Invitational B March 16th-17th, 2024 Tonawanda, NY

Saturday, March 16th

7:30am-8:00am Doors Open / Officials meeting

8:00am-8:10am Intermediate Figure lap swim

8:10am-8:30am Intermediate Figure warm up (Group 1)

8:30am-8:50am Intermediate Figure warm up (Group 2)

9:00am-10:00am Intermediate Figure competition (63)

10:00am-10:10am 12 & U Age Group Figure lap swim

10:10am-10:30am 12 & U Age Group Figure warm up

10:30am-11:00am 12 & U Age Group Figure competition (15)

11:00am-11:10am Novice Figure lap swim

11:10am-11:30am Novice Figure warm up

11:30am-12:00pm Novice Figure competition (10)

12:00pm-12:30pm Break

12:30pm-12:40pm Trio lap swim

12:40pm-1:00pm Trio warm up

1:00pm-1:30pm Trio competition (6)

1:30pm-1:40pm Novice lap swim

1:40pm-1:50pm Novice swim through

1:50pm-2:10pm Novice competition (3)

2:10pm-2:20pm Duet lap swim

2:20pm-2:40pm Duet warmup (Group 1)

2:40pm-3:00pm Duet warmup (Group 2)

3:00pm-4:00pm Duet competition (12)

Novice awards when available

Sunday, March 17th

7:30am-8:00am Doors Open / Officials meeting

8:00am-8:10am Solo lap swim

8:10am-8:30am Solo warm up (Group 1)

8:30am-8:50am Solo warm up (Group 2)

8:50am-10:00am Solo competition (22)

10:00am-10:10am Team and Combo lap swim

10:10am-10:30am Team and Combo warm up (Group 1)

10:30am-10:50am Team and Combo warm up (Group 2)

10:50am-12:00pm Team and Combo competition (10)(1)

Awards