

**Final Schedule
East Zone Invitational
March 26-27, 2011
Tonawanda, NY**

Saturday, March 26th:

7:45 am	Doors Open
8:00 am	15 min Lap Swim
	Coaches Meeting on Deck
8:15-8:25:	Trio Warm up for 10/U Int; 10/U AG;
8:25-8:35	Trio Warm up for 11/12 Int; 13/O Int
8:40-9:25	Trio Competition (14)
9:30-9:40	Warm-up Duets (10/U Int; 10/U AG;)
9:40-9:50	Warm-up Duets (11/12 Int ; 13/O Int)
9:55-10:55	Duet Competition (18)
11:00-11:10	Warm up Solos (10/U Int; 10/u AG; 11/12 Int; 13/O Int)
11:15-12:00	Solo Competition (14)
12:00-12:30	Lunch Break
12:30-1:10	Team Warm-up (5 min pool or swim thru with music/in order of Draw) 10/U Int; 10/U AG; 11/12 Int; 13/O Int)
1:15- 1:55	Team competition (8)
2:00-2:15	Lap Swim All Intermediates and 12/Under Age Group
2:15-2:30	Figure Warm-up (All Intermediates and 12/Under Age Group)
2:35- 4:00	Figure Competition
4:05-4:20	Lap Swim All 13/15 Age Group
4:20-4:35	Figure Warm-up All 13/15 Age Group
4:40-5:30	Figure Competition

Awards for All Intermediates and 10/Under Age Group when ready

Sunday, March 27th:

7:45 am	Doors Open
8:00-8:15	Lap Swim
8:15-8:30	Warm up All Trios (11/12 AG and 13/15 AG)
8:35-9:00	Trio Competition (6)
9:05-9:20	Warm up All Duets (11/12 AG and 13/15 AG)
9:25-10:00	Duet Competition (10)
10:05-10:20	Warm up All Solos (11/12 AG and 13/15 AG)
10:25-11:00	Solo Competition (11)
11:10-11:35	Warm up All Teams (11/12AG and 13/15 AG) 5 min pool or swim thru with music
11:40-12:05:	Team Competition (5)

Awards for 11/12 AG and 13/15 AG when ready.