

2014 East Zone Invitational Meet

March 28-30 in Andover, MA

Hosted by:



Meet Manager: Leah Pinette, lpinette@mvymca.org
(978) 685-3541 ex.142 (work), (860) 302-6536 (cell)
165 Haverhill St.
Andover, MA 01810

Venue: Andover/North Andover YMCA
165 Haverhill St.
Andover, MA 01810
(978) 685-3541

Sanctioned By: United States Synchronized Swimming

Rules to Govern: United States Synchronized Swimming 2014 Official Rules
Current East Zone Synchronized Swimming Handbook

Eligibility Requirements:

1. All athletes must be registered USSS Regular Athletes for 2014.
2. Events for Age Group Level: 10 & Under, 11-12 and 13-15.
Intermediate Level: 10 & Under, 11-12 and 13 & over.
3. Entering Events
 - A) An athlete may only enter 3 total events (solo, duet, trio and/or team) for a combined Age Group/Intermediate competition.
 - B) No duplicate events. Example: An athlete may enter 11-12 Age Group Team and 11-12 Intermediate Solo. She may not enter 11-12 Age Group Team and 11-12 Intermediate Team

Ineligibility: Over qualification

1. Intermediate: All athletes that participate in the East Zone Junior or Zone Championships
2. Age Group: Athletes who participate in the East Zone 13-15 Championships & 13 and over Open and/or East Zone Jr. /Sr. Championships in solo, duet or trio shall be ineligible for the zone invitational meet in that event in the current year.
3. Age Group: Athletes who place in the top 10 teams at the East Zone Junior/Senior Championships shall be ineligible for the Zone Invitational Meet in the team event in the current year.
4. Age Group: All team semi-finalist swimmers from East Zone Championships are ineligible for the Zone Invitational Meet in the team event in the current year.

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Entry Forms: *Please include verification of USSS registration for athletes, coaches, and judges*

Form A Club Entry Form - Four separate entry sheets as follows:
Intermediate; 10&U Age Group; 11/12 Age Group; 13/15 Age Group
Form B Entry Fee Summary
Form C Host Fee summary
Form D Housing and Transportation
Form E Officials Availability Form

Entry Deadline: **March 14, 2014**

Use postal form # 3817 to verify mailing

Entries for all competitions must be postmarked 14 days prior to the first day of competition.

No entries will be accepted after this date.

Entry Fees: Entry Fee: \$7 per person per event
Sponsor Fee: \$15 per person

Mail Entry Forms A-E, all fees, and proof of USSS registration to Meet Manager:

Leah Pinette
165 Haverhill St.
Andover, MA 01852
lpinette@mvyymca.org

Email Form A to Head Scorers by March 14th deadline:

Stan Wojcik & Martha Brennan
stan.wojcik@verizon.net and
mbandwch@verizon.net

Email Form E to EZ Officials Chair by March 14th deadline:

Kim Kohut
h2ophilia@hotmail.com

Events:

FIGURES: Compulsory

Intermediate & 12&U Age Groups

101 Ballet Leg, Single 1.6

301 Barracuda 2.0

13/15 Age Group

423 Ariana 2.8

301e Barracuda Spin 360 2.2

Figure Group will be drawn within 72 hours of competition

****All entries will swim figures on Saturday****

ROUTINES: Solo, Duet, Trio, Team

Intermediate Technical Routines (10&Under, 11/12, 13&Over)

Age Group (10 & Under, 11/12 & 13/15) Free Routines

An athlete competing in both Intermediate and Age Group Figure divisions may only take a figure award in the Age Group division. Note: Honorary placement in Intermediate – Placement is not an award.

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Venue Rules:	NO FOOD ON DECK GEL IN DESIGNATED AREA ONLY
Pool Specs:	Length: 25 yards Width: 6 Lanes Depth: 10 ft to 7 ft (midpoint) to 4 ft Distance of water from deck level: 0 ft Type of Pool; Entry: Deep end, spectator seating on deck
Sound System:	Lubell Labs LL916 Underwater Speaker Tascam CD-200i CD player Atlas Sound CP400 Power Amplifier, Behringer NOX1010 Pro Mixer
Locker Rooms:	Are for changing and showering only. Swimmers must keep bags in gym.
Spectator Viewing Area:	Keep coolers and swim bags out of spectator viewing area on deck. Coolers may be stored at your team table in the gymnasium.
Food Concession:	Will be available throughout the meet
Merchandise:	Will be available throughout the meet
Officials & Coaches Hospitality:	Designated area will be set aside for coaches and officials Food provided by the ANA Synchro Parents Association
Officials:	Officials should wear white tops with black bottoms.
Program:	Available for purchase at Concessions
Club Banners:	Hand in banners at registration
Registration:	4:00 pm in lobby
Officials & Coaches Meeting:	4:30 pm on the pool deck
Host Hotels:	Springhill Suites by Marriott (7 miles from pool) 550 Minuteman Rd Andover, MA 01810 800-321-2211 Reference: East Zone Synchronized Swimming Invitational Room Block \$114 per night -includes breakfast Rooms must be booked by March 7th Group Code: EZSEZSA

2014 East Zone Invitational Meet

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Courtyard Boston Andover (6.6 miles from pool)

10 Campanelli Drive

Andover, MA 01810

800-287-9400

Reference: East Zone Synchronized Swimming Invitational Room Block

\$114 per night- includes breakfast

Rooms must be booked by March 7th

Group Code: EZSEZSB

Airport: Boston Logan International Airport

Parking: Available in front of the YMCA

Driving Directions to the Andover/North Andover YMCA

From Route 93: Take Route 93 to Route 133 East towards Andover. Follow this road for approximately 3 miles. (Route 133 becomes Haverhill Street at the Route 28 intersection.) When reaching Doctors' Park on the left you are almost at the YMCA. After the lights, it is your second right (the Y is set back, but has a Merrimack Valley YMCA sign on the front lawn). If you go up to Route 114 (Burger King), you've gone too far.

From Route 495: Take Route 495 to Route 114 East towards Middleton. Follow Route 114 for approximately 1.5 miles. Go to the fourth set of lights (Haverhill Street) and take a right. Approximately 100 yards on your left is the YMCA.

Driving Directions to the host hotels

Springhill Suites by Marriott: (12 minutes)

Turn left out of the YMCA parking lot. In 1 mile turn right onto Main St. /MA-28. Merge onto 495 S to Lowell/Marlboro on the left. Take Route 93 to exit 45 to River Rd. Off the exit; turn right onto River Rd. then right on Minuteman Rd. Hotel will be on the left.

Courtyard Boston Andover: (10 minutes)

Turn left out of the YMCA parking lot. In 1 mile turn right onto Main St. /MA-28. Merge onto 495 S to Lowell/Marlboro on the left. Take Route 93 to exit 45 to River Rd. Off the exit, turn left onto River Rd. Take 1st left onto Old River Rd. Take 1st right onto Campanelli Dr.

2014 East Zone Invitational
Schenectady, NY and Andover, MA
March 28th – 30th 2014

PRELIMINARY MEET SCHEDULE

Times may be adjusted after all entries are received

Friday, March 28th *Solo Competition for Intermediates, 10/under, 12/under Age Groups*
 Duet Competition for Intermediate Duets

Doors Open and Registration Begins at 4:00 pm

Coaches and Officials Meeting on Deck at 4:30

Intermediates, 10/under, 12/under Age Group Solos

4:45 – 7pm

Intermediate Duets

7:00 – 9pm

Saturday, March 29th *Duet Competition for 10/under, 12/under Age Groups*
 Trio Competition for Intermediates, 10/under, 12/under Age Groups
 Figure Competition for Intermediates, 10/under, 12/under Age Groups
 Team Competition for Intermediates, 10/under, 12/under Age Groups
 Figure Competition for 13/15 Age Group – Depending on entries we may move this to
 Sunday—with only about 30 athletes we should be fine with two panels.

Doors Open and Registration Continues at 8:00 am

Coaches and Officials Meeting on Deck at 8:30 am

10/under and 12/under Age Group Duets

8:30-10am

Intermediate, 10/under, 12/under Age Group Trios

10:00 – 12:30

Break 12:30 pm – 1:00 pm

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SATURDAY CONTINUED

FIGURE COMPETITION

Intermediate, 10/under, 12/under Age Group Figures

1:00 – 3:30pm

Intermediate, 10/under, 12/under Age Group Teams

3:45-7pm

Intermediate and 10/u & 12/u Age Group Awards

13/15 Age Group Figures **This may move to Sunday depending on final entries****

7:30 – 9 pm

Sunday, March 30th

13/15 Age Group Trio Competition

13/15 Age Group Duet Competition

13/15 Age Group Solo Competition

13/15 Age Group Team Competition

Doors Open at 9:00 am

13/15 Age Group Trio Competition

9:15 – 10:15 am

13/15 Age Group Duet Competition

10:15 – 11:00am

13/15 Age Group Solo Competition

11:00 – 11:50am

13/15 Age Group Team Competition

12:00 – 1:00pm

13-15 Age Group Awards Immediately Following Locker Room and Spectator Area Clean-Up