

2014 East Zone Invitational Meet
March 28-30 Union College Schenectady, NY



Hosted by: Sculpins Synchro

Meet Manager: Robin Pugliese, Tracy Neitzel
puglieser@averillpark.k12.ny.us tneitzel@nycap.rr.com
(518) 436-1197 (518) 573-7331

1433 Spring Avenue, Wynantskill, NY 12198

Venue: Union College, Alumni Gymnasium Building
Schenectady, NY 12308
(518) 388-6000

Sanctioned By: United States Synchronized Swimming

Rules to Govern: United States Synchronized Swimming 2014 Official Rules
Current East Zone Synchronized Swimming Handbook

Eligibility Requirements:

1. All athletes must be registered USSS Regular Athletes for 2014.
2. Events for Age Group Level: 10 & Under, 11-12 and 13-15.
Intermediate Level: 10 & Under, 11-12 and 13 & over.
3. Entering Events
 - A) An athlete may only enter 3 total events (solo, duet, trio and/or team) for a combined Age Group/Intermediate competition.
 - B) No duplicate events. Example: An athlete may enter 11-12 Age Group Team and 11-12 Intermediate Solo. She may not enter 11-12 Age Group Team and 11-12 Intermediate Team

Ineligibility: Over qualification

1. Intermediate: All athletes that participate in the East Zone Junior or Zone Championships
2. Age Group: Athletes who participate in the East Zone 13-15 Championships & 13 and over Open and/or East Zone Jr. /Sr. Championships in solo, duet or trio shall be ineligible for the zone invitational meet in that event in the current year.
3. Age Group: Athletes who place in the top 10 teams at the East Zone Junior/Senior Championships shall be ineligible for the Zone Invitational Meet in the team event in the current year.
4. Age Group: All team semi-finalist swimmers from East Zone Championships are ineligible for the Zone Invitational Meet in the team event in the current year.

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Entry Forms: *Please include verification of USSS registration for athletes, coaches, and judges*

Form A Club Entry Form - Four separate entry sheets as follows:
Intermediate; 10&U Age Group; 11/12 Age Group; 13/15 Age Group
Form B Entry Fee Summary
Form C Host Fee summary
Form D Housing and Transportation
Form E Officials Availability Form

Entry Deadline: **March 14, 2014**

Use postal form # 3817 to verify mailing

Entries for all competitions must be postmarked 14 days prior to the first day of competition.

No entries will be accepted after this date.

Entry Fees: Entry Fee: \$7 per person per event
Sponsor Fee: \$15 per person

**Mail Entry Forms A-E, all fees, and
proof of USSS registration to Meet Manager:**

Tracy Neitzel
1433 Spring Avenue
Wynantskill NY 12198
(518) 573-7331

**Mail Form A to Head Scorer and
Email Meet managers by March 14th deadline:**

Bob Wiegand, bobwiegs@yahoo.com

Tracy Neitzel
tneitzel@nycap.rr.com
Robin Pugliese
puglieser@averillpark.k12.ny.us

**Email Form E to EZ Officials Chair
by March 14th deadline:**

Kim Kohut
h2ophilia@hotmail.com

Events:

FIGURES: Compulsory

Intermediate & 12&U Age Groups

101	Ballet Leg, Single	1.6
301	Barracuda	2.0

13/15 Age Group

423	Ariana	2.8
301e	Barracuda Spin 360	2.2

Figure Group will be drawn within 72 hours of competition

****All entries will swim figures on Saturday****

ROUTINES: Solo, Duet, Trio, Team

Intermediate Technical Routines (10&Under, 11/12, 13&Over)

Age Group (10 & Under, 11/12 & 13/15) Free Routines

An athlete competing in both Intermediate and Age Group Figure divisions may only take a figure award in the Age Group division. Note: Honorary placement in Intermediate – Placement is not an award.

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Venue Rules: **NO FOOD ON DECK**
 GEL IN DESIGNATED AREA ONLY

Pool Specs: Length: 40 Yards (moveable bulkhead)
 Width: 8 Lanes
 Depth: 13 ft. deep end, 9 ft. at bulkhead
 Distance of water from deck level: 1 ft
 Type of Pool; Entry: Deep end, spectator seating on deck

Locker Rooms: Are for changing and showering only.

Food Concession: Will be available throughout the meet

Merchandise: Will be available throughout the meet

Officials: Officials should wear white tops with black bottoms.

Program: Available for purchase at Concessions

Club Banners: Hand in banners at registration

Registration: 4:00 pm in lobby

Officials & Coaches Meeting: 4:30 pm on the pool deck

Host Hotels: Holiday Inn Wolf Road (approximately 25 min from the pool)
 205 Wolf Road
 Albany, NY 12203 (518) 458-7264

45 rooms have been blocked and all have been taken. PLEASE verify your room needs and cancel rooms you do not need to free up rooms for other teams. If you cannot get into the host hotel we recommend that you google hotels on Wolf Road in Albany. There are many hotels that are in the area and convenient to restaurants and shops.

Airport: Albany International Airport

Driving Directions to Union College from Holiday Inn-

- Leaving hotel turn left onto Wolf Road
- Turn left onto Albany Shaker Rd. (if you reach I-87 you've gone about 0.3 miles too far)
- Turn left onto Troy Schenectady Rd/RT-7 W. Continue to follow RT-7 W
- Continue on Route 7W until you see signs for Schenectady/Union Street
- Stay to the right off Route 7W on Union Street
- Continue on Union Street until Gillespie Street (note location of Dunkin Donuts on right about ½ mile before Gillespie).
- Turn right on Gillespie and shortly after turn left on Union Avenue.
- The first right on Union Avenue brings you onto the campus. The Alumni Gymnasium and pool is on your left.

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CLUB ENTRY FORM – DIRECTIONS FOR USE

1. Use the **Club Entry Form** for Solo, Duet, Trio or Team Events. There is a separate form for entries into Free Combination Routines.
2. On the top of the Club Entry Form, on ALL Club Entry Form pages sent:
 - a. Fill in the **Meet Name, Club Name, 3 LETTER (no numbers!) Club Code** and **Meet Location**.
 - b. Circle Zone (N, S, E, or W) and Region (A, B, C, or D).
3. **In the body, table, of the Club Entry Form:**
 - a. The **Athlete Name (First name, Last name)** **MUST** be legible, preferably typed or computer printed. This is how the athletes will be entered into the computer system for the meet.
 - b. The Athlete **Registration Number** and **Birth Year** are self-explanatory.
 - c. If the meet contains different **Figure Groups**, enter the figure group for each athlete.
 - d. The **Routine** columns (Solo, Duet, Trio and Team) are divided into **ID Number (ID #)** and **Age Division (Age Div.)**.
 - i. In the **Solo** column, the first item is the **ID #** and indicates entry in that set of Solo Routines (“1”, “2”, “3”, etc.). This equals, at the bottom of the table, the **TOTAL** number of solos entered in the meet. Enter the appropriate age division in the **Age Div.** column.
 - ii. The **Duet, Trio** and **Team** columns are slightly different. The **ID #** column is for the Routine # entered by the Club. The same number **MUST** be entered for athletes swimming the same routine (i.e., Susie, Sally are swimming a **Duet** with Sam as the alternate – each would have the same number in this column – “1”, “1”, and “alt 1” in the **ID #** column for Duet). If they are swimming a **Trio**, they will have “1”, “1”, “1” in this **ID #** column for Trio. The same holds true for **Team**, with each athlete swimming the same team having the same number in the **ID #** column for Team. Enter the appropriate age division in the **Age Div.** column.
 - iii. For Free Combination Routines, follow the instructions for the Team above.
 - iv. The columns for Solo would look like this:

ID # Age Div.	
1	JR
 - e. In the **Comments** area, enter where/when qualified and qualifying score, if applicable for the meet.
 - f. At the bottom of the table, enter the **TOTAL** number of:
 - i. Figure competitors in the **Registration Number** column, and
 - ii. Routines under each event (**Solo, Duet, Trio** and **Team**) column so the Scoring Chair entering your Club into the meet will have a quick double-check that all swimmers have been entered.
4. At the bottom of the Club Entry Form:
 - a. Complete the **Team contact** on the first page only.
 - b. The name of the **Coach, and his/her signature, MUST** be on each page of the Club Entry Form. If the Coach is not available, they will need to sign the Club Entry Form at registration at the meet.

**BE SURE TO SEND VERIFICATION FOR EACH ROUTINE ENTRY WITH THE CLUB ENTRY FORM
IF APPLICABLE FOR THE MEET ENTERED. IF NO VERIFICATION IS RECEIVED THE
ATHLETE/ROUTINE WILL NOT BE ENTERED.**

For questions or concerns, contact your Zone Scoring Chairperson or the National Scoring Chairperson.

2014 East Zone Invitational
Schenectady, NY and Andover, MA
March 28th – 30th 2014

PRELIMINARY MEET SCHEDULE

Times may be adjusted after all entries are received

Friday, March 28th *Solo Competition for Intermediates, 10/under, 12/under Age Groups*
 Duet Competition for Intermediate Duets

Doors Open and Registration Begins at 4:00 pm

Coaches and Officials Meeting on Deck at 4:30

Intermediates, 10/under, 12/under Age Group Solos

4:45 – 7pm

Intermediate Duets

7:00 – 9pm

Saturday, March 29th *Duet Competition for 10/under, 12/under Age Groups*

Trio Competition for Intermediates, 10/under, 12/under Age Groups

Figure Competition for Intermediates, 10/under, 12/under Age Groups

Team Competition for Intermediates, 10/under, 12/under Age Groups

Figure Competition for 13/15 Age Group – Depending on entries we may move this to Sunday—with only about 30 athletes we should be fine with two panels.

Doors Open and Registration Continues at 8:00 am

Coaches and Officials Meeting on Deck at 8:30 am

10/under and 12/under Age Group Duets

8:30-10am

Intermediate, 10/under, 12/under Age Group Trios

10:00 – 12:30

Break 12:30 pm – 1:00 pm

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SATURDAY CONTINUED

FIGURE COMPETITION

Intermediate, 10/under, 12/under Age Group Figures

1:00 – 3:30pm

Intermediate, 10/under, 12/under Age Group Teams

3:45-7pm

Intermediate and 10/u & 12/u Age Group Awards

13/15 Age Group Figures **This may move to Sunday depending on final entries****

7:30 – 9 pm

Sunday, March 30th

13/15 Age Group Trio Competition

13/15 Age Group Duet Competition

13/15 Age Group Solo Competition

13/15 Age Group Team Competition

Doors Open at 9:00 am

13/15 Age Group Trio Competition

9:15 – 10:15 am

13/15 Age Group Duet Competition

10:15 – 11:00am

13/15 Age Group Solo Competition

11:00 – 11:50am

13/15 Age Group Team Competition

12:00 – 1:00pm

13-15 Age Group Awards Immediately Following Locker Room and Spectator Area Clean-Up