September 21st-25th, 2016 Atlanta, Georgia

- Welcome Betsy McGeoch Welcome
- Approval of March minutes (EZ March meeting 2016)

MOTION to approve of March Minutes - Motion – ZsuZsa, second Meg Priess - **APPROVED**

Technical Report – Svetlana Malinovskaya – See Report –
 We do have bids for all meets. Please in the future get all bids in on time by DATE so that we do not have to wait for last minute.

13-15 champs - Feb 10-11-12 hamden by hamden Jr/Sr Zones - March 10-11-12 hamden by new canaan Invites - March 17-18-19 Norton, MA and Tonawanda, NY June Champs - June 2-3-4 Buffalo, NY

Adding open meets keep the swimmers at the same number –recommendation keep meets open since the numbers don't increase significantly.

Figure proposal for Rules - Elimination of swordfish due to difficulty - recommend not voting for this

MOTION to approve of Tech Chair Report - Motion – Laura Ehrenreich, second Meg Priess - **APPROVED**

Chair Report – Diana Lenzo - Via New Chair Betsy
 MOTION to approve of March Minutes Motion – Laura Ehrenreich second Carol - APPROVED

• Vice Chair/Awards Committee Report – Betsy McGeoch - See Report MOTION to approve of March Minutes -

Motion – Zsuzsa, second Meg Priess - APPROVED

- Education Report Sheila Wright See report
 Silver Clinic Potential date for silver clinic November 19-20 or December 3-4
 Will wait until after the Coach's Board to discuss
- · Lake Placid Report Mary Ellen

Some problems good and bad -

Good - We have a date!!! Nov. 11-12-13 selected date

Bad - Cost is going up from \$45 to \$75 per night – if we decline to use we may never get to go back What do we want to at Lake Placid? CCP2? National Team athlete/Coach?

To have Duke or clinician it will be about \$150 plus \$100 per swimmer for clinician plus extra for incidentals. What do you want for the clinic? We could do a national judges test and then you could take the test at the Zone meet. Practice judge at the next National meet....

MOTION to Keep Lake Placid -

Motion - Svetlana, second Dale - APPROVED

Treasurer Report – Leah Lojo - See Report
 MOTION to approve treasurer's report Motion – Mary Ellen, second Karen - APPROVED

Scoring Committee Report – Pete McGeoch - See Report
 Thanks to all helping – Do we want results on the Zone website? - YES

 All forms to run a meet now on USA Synchro site - resources - updated by Pete
 MOTION to approve of Scoring report
 Motion – Dale, second Karen - APPROVED

 All Star Committee Report – Krista Karwosky – All Star - Oct 14-16th Tonawanda Proposal for NEXT year All Star clinic:

All-star camps will be filled with athletes from each respective all-star list in order of placement. Graduating seniors, National team members as well as any athlete who attended a talent camp in the current year will be excluded. Selection will follow the procedure below:

- 1. Determine the places available in each age division for camp, after all above are removed.
- 2. According to birth year, age up all 12/U and 13/15 athletes.
- 3. If at that time the JR and/or 13/15 places are filled, no other athletes of that age group will be invited.
- 4. According to birth year, invite additional 12/U athletes who will remain in the 12/U age group the following competitive season. Using the All-Star list first but if none are of the correct birth year, move to the figure list from the EZ Age Group Championships held that year.
- 5. If additional spaces are available in the 13/15 age group, use the 12/U all star list. If the 12/U All Star list is exhausted, the figure list from the current year's 13/15 EZ championships will be used.
 - 6. If additional spaces are available in the JR age group and all 13/15 All Stars who have aged up have been invited, the figure list from the current year's JR EZ championships will be used.

Discussion: This will give us true swimmers in that age group to focus on their true figures plus open up spots for other swimmers who were not able to get that kind of training.

MOTION to accept proposal -

Motion - Laura E., second Sheila - APPROVED

Discussion: Patty - our numbers are set at 16 right?

Krista - Yes but if the West Zone hosts a camp we may have more spots available.

MOTION to approve proposal -

Motion - Laura E., second Sheila - APPROVED

- Officials Report Kim Kohut See Report To be given Saturday
- Athletes Report Caitlin Klauer, Emma T

March Zones – only 3 swimmers allowed in the water at a time and with no warm up pool was an issue for the athletes. Laura – Athletes were swimming out into the eye line of the panel and distracting the judges. Please remind the athletes to stay on the wall and more athletes will be allowed in the water. Also we had swimmer swimming across the pool at the June Championship – that should not happen.

Judges break during figures - can we select a time so that everyone will take a break and let athletes know? Mary Ellen - Judges usually tell the caller to warn the athletes.

Not all the athletes know about the about the t-shirts. Post on instagram? How many athletes bought the shirt? Only about 2 or 3 raised hands Didn't like the design, color and didn't know where to by

MOTION to move to Friday's meeting Motion – Kyra Bernotas, second Karen - **APPROVED**

Discussion regarding the Levels checking and who is to track.

Zsuzsa - Can't the scoring program be accessed to update the office and Pete with levels

Pete – I have scoring and none of the levels. scoring that is separate

Krista – If all the Association or Education chairs track which athletes levels and update a goggle doc that could be accessed by the zone Education chair to check for meet entries and passed onto Shari Darst Tabled until after the coaches board.

Discussion regarding Officials and judges evaluations. Not possible with the scoring program yet. But can be done in a work around with excel. Not ideal but a work around

Discussion regarding solos and Jos – eliminate team spacing and only do team swim through with music and that would allow for adding solos back in.

Meeting resumed 12pm-1:20pm - Friday – September 23rd

Education Report – Sheila Wright - See report
 Silver Clinic Potential date for silver clinic - November 19-20 or December 3-4

Electing new education persons make sure you elect people that will be able to follow through and track all swimmers and levels. Having access to know who has passed and being sure to get it fixed before the JO competition.

Discussion – top 3 teams qualify for Regionals but do not have levels. They place 1-3 and the 4th team has levels who gets to go? If they are unable to get levels passed then 4th place can go.

Clarification on the notification rule for Jo's & national meets – USA Synchro handbook CP 5.4 CP 5.4 Notification Responsibilities:

CP 5.4.1 In the event a qualifier is not able to compete in the next level of competition, the coach of the qualifier must notify the coach of the next runner-up.

CP 5.4.2 If a routine is not duly entered into the competition for which it qualified, the next routine(s) in order of placement from the qualifying competition shall be allowed the option of entering by submitting Entry Forms and Fees, regardless of the deadline.

Coach's certification - have until December 2016 to up a level, attend coach's college or move up a CCP level. Please double check all certifications and make any updates as needed. Education chairs please check your association coach's certification list.

In 2017, there Maybe 4 coach's colleges due to the level of updates needed next year. Next year is a big change in the quad. Plan on attending for updates.

TSSC is voting will happen at Jr Worlds July 2017. Won't get any updates until then.

National talent camps July 16-22nd, July 24-30, Aug 1-7th 2017

Looking for more ways to update coaches training and send skills down through out the rest of the country.

It is important that our association education chairs attend clinics and track swimmers. Association Education chair can attend all Zone clinics for free.

Action Items from 2016 East Zone March Meeting

• ALL Stars and Silver Clinic - All Star participation numbers at the Silver Clinic

PROPOSAL: Athletes need to apply to pay for travel expenses and hotel. Motion – Svetlana, second Karen - **APPROVED**

Discussion: From an athlete - Athletes didn't seem to do much. Patty speaking for 3 athletes, they did get a lot out of it working in the water and levels. Krista – We need to put a cap on it, the expenses can get out of hand. Michal – the application process could let us look who is closer and select those with less travel. Dale – offer the \$100 stipend and cover accommodation and food.

MOTION to amending the proposal

The Zone will provide the all star athletes who have attended the ALL Star Camp a with accommodation, food and \$100 stipend to 4-6 athletes that apply to the education chair to attend as clinicians.

Motion – Melissa, second Mary Ellen - **APPROVED with Ammendment**

Scholar Athlete Award – look into changing the average

Rationale is that we have almost all athletes achieving this award.

MOTION change scholar athlete average to 90% A-Motion – Melissa, second Mary Ellen - **Accepted**

Discussion: 3 for – 3 against

Against - 1. Classes are hard especially if it is weighted class. Weighted or un weighted? -

- 2. We work really hard it means a lot to us. 3. I sell it to the parents that synchro is a very smart sport it speaks highly of our swimmers
- 1. Dale what if we had special recognition that have gone above and beyond at 90-95%
- 2. To just miss it will be hard for most that usually make it. Will it be weighted or un-weighted?
- 3. Sheila the proportion for the out come is just wrong that you have 5 people sitting it calls attention to the fact they didn't get it.

MOTION change scholar athlete average to 90% A-

Motion – Melissa, second Mary Ellen – **Approved** Vote all in favor – vocal vote and then hand vote the motion is passed.

Meeting paused to resume at Saturday noon meeting

Meeting resumed 12pm-1:20pm - Saturday - September 24th

- Finalize Lake Placid (11/11-11/13) results of survey to date 9/23/16 9pm:
 - Scoring clinic 2 interested
 - CCP Level 2 Clinic 10 people interested
 - Judges Clinic:

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Level 1 & 2 – 8 people
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Level 3 - 4 people

Level 4 - 3 people

Clinician request:

Duke and the J's – 1 request

Olympic Athlete and National team coach – 4 requested

National Team Athlete and National team coach – 4 requested

Write in: Ludi & Ramon – gymnastics – based in Vegas

- Assessor Training 5 interested with 2 more if we decide to go with assessor training other than
- Levels Testing:

Level 1 & 2 – 6 people – potential for 4-8more if not elite

Level 3 - 3 people

Level 4 – 3 people

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9/24/16 5

Lake Placid Clinic November 11-12-13th, 2016

- Goal: to work and train with a National Team coach, Olympian Anita Alvarez, and a 3rd person
- Requirements:

Athletes: any 13 and Over athlete who has competed at the 13 and Over Age Group meets in the 2016 season. No 12 and Unders may attend. Each club may send 2 athletes, however, a 3rd and 4th athlete may be listed on standby and will attend if space is available. Coaches: all athletes must be accompanied by a coach. Coaches can also attend without athletes. If a coach plans on attended the CCP2 training, another coach must attend to remain

• Cost:

\$260/person for Clinic \$400/person for CCP training (\$150 for Room/Board, \$250 for CCP)

Officials report – Kim Kohut, see report
 Officials chair passed on to Patty Flanagan
 Amy McGeoch – Newest zone judge
 Possible judges clinic coming up

with the athletes.

• Silver Clinic voted on date - November 19-20 or December 3-4 in Owego, NY

MOTION choose a date for Silver Clinic at convention Motion – Robin, second Krista – **Approved** Vote all in favor – vocal vote

Discussion:

For – Robin: we need to plan our meets

MOTION to choose December 3-4 for Silver Clinic Motion – Mary Ellen, second Zsuzsa – **Approved** Vote all in favor – vocal vote

Discussion:

For – Karen: the November date is the weekend following Lake Placid clinic, which will affect many people in the Zone. The December date is before Trials but will not affect as many people

MOTION to have Silver Clinic in Owego

Motion – Krista, second Michal – Approved Vote all in favor – vocal vote

Silver Clinic will be held December 3rd and 4th in Owego, NY

• LTAD:

Spreadsheet with who has passed what level, Zsuzsa suggests education chair Education chair to maintain spreadsheet on Zone website

If you attend assessment outside of zone, you have to tell Zone Education Chair (Katie Rice) If you attend assessment in Zone, coach must send info to local education chair

• Kim Miller Scholarship:

If you're hosting a zone meet, you have to have a Kim Miller fundraiser. Tina Miller will send out a fundraising brochure sometime after January 1st Sell caps – possibly a reversible cap

• Emma and Caitlyn – instagram page

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Showcase EZ shirts, talk to athletes, etc.

MOTION to give Emma and Caitlyn permission to start page Motion – Zsuzsa, second Sheila – **Approved** Vote all in favor – vocal vote

Discussion Just be careful what is posted, no individual accounts can be tagged, must ask permission before posting pictures, etc.

 T-shirts discussion continued from Thursday 345 purchased, more than half remain T-shirts Can be purchased online by Leah Lojo Shirts will be sold at Zone meets

MOTION sell the current East Zone shirts at a reduced price \$10 **Motion** Laura, Jen M. seconds – **Approved** – Vote all in favor – vocal vote

Action Items for March 2017

Meet hosts requirements to purchase awards from Zone
East Zone Meets - bid concerns – why are we not getting bids? What can we do as a zone to make it more positive to clubs and organizations to submit a bid?

MOTION to adjourn

Motion Zsuzsa, Anita seconds – Approved – Vote all in favor – vocal vote

Respectfully submitted

Jen Hatt and Jen Wilczynski - New East Zone Secretary