

2019 Athlete Report
East Zone Synchro
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Athlete Meeting Notes:

- Overall, levels are not well liked and people don't understand the purpose of them.
- The athletes do not want to separate tech and free routines
 - They believe it will lead to less technical work
 - The purpose of tech routines was to replace figures and this would defeat the purpose of them.
 - Majority of athletes agreed with this
- Athletes suggested requiring tech routines for team, but not smalls.
 - Overall people did not agree with this
- Athletes suggested it would be helpful to make them more like college and want to use a published tech routine.
 - Overall people did not agree with this
- The athletes would like a few things at East Zone meets including:
 - A warm up pool
 - Would have to consider cost of this
 - This would hurt smaller teams who are willing to hold meets but cannot provide a warmup pool
 - Would athletes be willing to pay a larger sponsor fee for this?
 - The ability to deknex
 - Would need to discuss cleaning with athletes
 - We could propose a \$100 fee for de-knoxing that would be refunded if the locker room is cleaned when they leave.
 - Still need to discuss this with athletes
 - Water quality requirements so that the chlorine levels are not too high
 - Louder sound systems
 - Athletes felt that the sound system wasn't loud enough especially during team routines
 - To stay on schedule
 - Lap swims halfway through competitions, unless there is a warm up pool provided
 - Separate Jr. and Sr. Duet competition because of concerns about consistency.
 - They would also like to add in lap swims between Jr. and Sr. competitions
- Athletes also wondered if there was a reason why Jr. teams had to swim free team routines twice even though all the teams would qualify for nationals.
 - Coaches wanted extra practice

East Zone Caps:

- We are selling them right now
 - 1 cap for \$12 or 2 caps for \$20
- All funding goes to benefit east zone athletes on national teams and support our zone.
- If coaches and athletes could help spread the word and let teams know that they will be sold at all of the East zone meets this year.