**SPONSORED BY** New Canaan YMCA Aquianas

**SANCTIONED BY** United States Synchronized Swimming

**RULES TO GOVERN:** 2019 Official USSS Rules

2019 East Zone Synchronized Swimming Rules

**MEET MANAGERS:**

Petra Cacic Carol Valles

[pcacic@newcanaanymca.org](mailto:pcacic@newcanaanymca.org) [cvallesnca@aol.com](mailto:cvallesnca@aol.com)

(203) 910-1660 ext.153 78 East Middle Patent Rd  
564 South Avenue Bedford, NY 10506

New Canaan, CT 06540

**FACILITY:** **New Canaan YMCA**

564 South Avenue

New Canaan, CT 06840

**POOL SPECS** Length: 75’ Width: 6 lanes Depth: 11’ to 4’

Distance of water from deck level: 12”

Type of Pool Entry: diving well end, spectator seating in balcony on right diving toward shallow

**ELIGIBILITY** 1. Must be a registered USSS athlete.

2. Open to ALL athletes between the ages of 13-15

**EVENTS**  Solo, Duet, Mixed Duets, Team, Combo and Figures

(Note: Athletes can compete in Duet, or Mixed Duet, but not both)

**SOUND SYSTEM:** Bose above water and Lubell underwater speaker

**TENTATIVE SCHEDULE**

Detailed tentative schedule will be produced based on the pre-meet entries received after pre-meet entry deadline.

Saturday, February 9th Order of Events: Figures (everyone does figures), Preliminaries (Duet, Solo, Team)

Sunday, February 10th Order of Events: Finals (Mixed Duet, Duet, Solo, Team, Combo), Awards

**AIRPORTS** John F Kennedy (JFK) 48 miles 1.5 hours\*

LaGuardia (LGA) 41 miles, 1 hour\*,

White Plains (HPN) 17 miles, 30 minutes\*.

\*All times are without the addition of Friday rush hour traffic (add at least 1 hour if you are arriving between 4 and 7pm).

**HOST HOTELS Hilton Garden Inn**

560 Main Avenue

Norwalk, CT 06851

(203) 523-4040

$89/night + tax

All Clubs and officials interested in attending should complete the information requested and return the form no later than **December 31, 2018** so the appropriate plans can be made. **Please send completed Pre-Meet Entry Form to both:**

Petra Cacic Patti Melber

[pcacic@newcanaanymca.org](mailto:pcacic@newcanaanymca.org) [Melbers@aol.com](mailto:Melbers@aol.com)

**PRE-MEET ENTRY FORM**

**NAME OF TEAM\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**NAME OF HEAD COACH/OFFICIAL \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**CONTACT PERSON\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**ADDRESS \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**CITY\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_STATE\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_ZIP\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**PHONE - HOME \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_WORK \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**FAX\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_EMAIL \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_- \_\_\_\_\_\_\_\_\_\_**

Please indicate the number of routines you plan to bring in each category:

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| EVENT | SOLO | DUET | MIXED DUET | TEAM | COMBO |
| **13-15** |  |  |  |  |  |

Please indicate the total number of individuals participating in the following areas:

1. Athletes attending

2. Coaches attending

3. Judges attending AND available

4. Chaperones attending

**Please return completed form by December 31, 2018 to:**

Petra Cacic [pcacic@newcanaanymca.org](mailto:pcacic@newcanaanymca.org) AND Patti Melber, [Melbers@aol.com](mailto:Melbers@aol.com)

**THIS FORM MUST BE RETURNED TO RECEIVE FINAL ENTRY MATERIALS**