

2020 East Zone Invitational

March 14, 2020 Owego, NY

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| SPONSORED BY | BGC Gaviatas | |
| SANCTIONED BY | United States Synchronized Swimming | |
| RULES TO GOVERN: | United States Synchronized Swimming 2020 Official Rules East Zone Synchronized Swimming Handbook | |
| MEET MANAGERS: | Maureen Mueller Maureenm@stny.rr.com 607-761-8937 | Yvonne Hartman hartmanclan2@aol.com |
| FACILITY: | Owego Free Academy High School 1 Sheldon Guile Blvd, Owego, NY | |
| POOL SPECS | Main Pool 25 yards long by 20 yards wide (5 feet deep to 13 feet deep). Secondary pool (attached) 20 yards wide, 8 yards long (3 feet deep to 4.5 feet deep) The pool is open on the other side of the bulkhead during competition for lap swimming | |
| ENTRY FORMS | Form A | Club entry form |
| | Form B/C | Entry Fee Summary |
| | Form D | Housing and Transportation form |
| | Form E | Officials Availability form |
| ENTRY Fees | Entry Fee: | \$12 per person per event |
| | Sponsor Fee: | \$15 per person |
| | Mail to: | Dirk Olds, 836 Rosewood Terrace, Endwell, NY |
| | Please send one check payable to: | BGC Gaviatas and a copy of form B/C |
| ENTRY DEADLINE | MARCH 1, 2019 | |
| | Email all forms to Maureen Mueller | maureenm@stny.rr.com |
| | Email form E to Officials Laura Ehrenreich | lmehrenreich@gmail.com |
| | Email digital music to Ross Reibel | rreibel@gmail.com |
| ELIGIBILITY | Open to all Intermediates, 12&Under Age Group, 13-15 Age Group, 16&Over Age Group with exceptions of over qualifications listed below. | |
| | Over qualifications: Any swimmer who participated in the East Zone 13-15 AG Championships and/or the East Zone Junior/Senior Championships is overqualified for Invitational in that event only. | |
| EVENTS | Intermediate: Solo, Duet, Mixed Duet, Trio, Team, Figures, combo 12&Under Age Group: Solo, Duet, Mixed Duet, Team, Figures, combo 13-15 Age Group: Solo, Duet, Mixed Duet, Team, Figures, combo 16&Over Open: Solo, Duet, Mixed Duet, Team, combo, free routines | |

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FIGURES Compulsory Figures are listed below. Remaining figures will be announced 18-72 hours prior to the competition.

Intermediate 101 Ballet Leg, Single DD 1.6
301 Barracuda DD 1.9

12 &U Age Group 106 Straight Ballet Leg DD 1.6
301 Barracuda DD 1.9

13-15 Age Group 423 Ariana DD 2.2
143 Rio DD 3.1

AWARDS Medals will be given for places 1-3, Ribbons 4-12 in each event

OFFICIALS Officials should wear white tops with black bottoms. Hospitality for Officials and Coaches in designated area.

CLUB BANNER Please bring your banner and hand in at registration

LOCKER ROOMS Locker rooms are for changing only. Please store team bags and gear in cafeteria. De-Gelling not allowed- strict facility rules.

GEL STATION Gel station will be set up outside locker rooms. Please do all gelling there. De-Gelling not allowed- strict facility rules. \$100 fine. Please clean up after yourselves.

CONCESSION STAND Will be available throughout the meet.

DIGITAL MUSIC Email digital music to Ross Reibel rreibel@gmail.com by **February 28, 2020**
Please be courteous. Don't wait to send your music until the last minute.

DIGITAL MUSIC SUBMISSION GUIDELINES

1. Digital music files (ACC, MP3) are to be submitted for routines for this competition.
2. Files received before the deadline will be transferred from emails to a computer, and then imported to iTunes or a compatible program and each file tested to ensure it plays. You will not be contacted if your music is submitted on time and if the music is correct. You will only be contacted if your music is missing or will not play.
3. Playlists will be created for each separate routine competition to be played through the sound system.
4. We recommend submitting 160 Kbit/s AAC or higher quality audio for best sound results. 128 Kbit/s MP3s are NOT recommended, if sending MP3 files, please ensure they are at least 192 Kbit/sec.
5. A minimum one second leader (silence) before the music starts added to all files is recommended.
6. Any questions, contact Ross Reibel rreibel@gmail.com
7. Use the following naming conventions (see bolded below) when saving files

Duet OSU Smith

Duet = Routine event

OSU = Club Abbreviation/ Three Letter Code **

Smith = Last name of the first alphabetical member of the routine

Example: 13-15 Tech Duet OSU Smith.mp3

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Directions to pool: Follow Sheldon Guile Blvd until it comes to a "T" – the pool annex main entrance will be directly in front of you. There is additional parking behind the pool if you follow the road to the right

HOST HOTELS

Hampton Inn - Owego

1030 Route 17C, Owego, New York 13827

(607) 687-4600 **Reserve by 4/8/2020**

Complex of three hotels – contact above number

Quality Inn @ \$80.00

Holiday Inn Express @ \$119.00

HAMPTON @ \$119.00

The Apalachin Hotel / formerly Comfort Inn

7662 NY Rt. 434, Apalachin NY 13732

607-625-4444

Reserve by February 28

2 Queen beds, continental breakfast

\$70 per night

Tentative Schedule

Based on pre-meet entries. Possibility of age group routines moving to Sunday after final entries.

Saturday March 14

Doors open at 8:00am

Intermediate Competition

Intermediate figures

Intermediate routines

Age Group Competition

Estimated 4 – 8 pm

12Under Age group figures, 1315 age group figures

Age group routines