



Junior/Senior East Zone Championship

March 6-8, 2020 New Canaan, CT



PRE-MEET ANNOUNCEMENT

SPONSORED BY New Canaan YMCA Aquinas

MEET MANAGERS Krista Karwosky Carol Valles
kkarwosky@newcanaanymca.org 564 South Ave.
564 South Ave. New Canaan, CT 06840
New Canaan, CT 06840

FACILITY: New Canaan YMCA
564 South Ave.
New Canaan, CT 06840

POOL SPECS Length: 25 yards Width: 6 lanes
Depth: 12 feet w/gradual slope shallow to 5 feet – warm up/down area
10ydx10yds beyond bulkhead in shallow end.
Diving boards in deep end
Entry: Deep end, spectator seating in balcony on Right

ELIGIBILITY

1. Must be a registered USSS athlete.
2. Junior Zone Championship shall be open to all registered competitors 15 to 18 years of age based on the year of birth without regards to qualification. *
3. Senior Zone Championship shall be open to all registered competitors 15 years of age or older based on the year of birth without regards to qualification.

*Junior Team may include 13, 14 or 19-year-old swimmers as long as 50% of swimmers are 15 – 18. If less than 50%, the team swims as honorary and can advance to finals, but cannot place in finals

FREE COMBINATION

1. Free Combination event will be held in combined Junior/Senior division.
2. Competitors who are 13 and 14 years of age may participate in the Senior/Junior Free Combination event.
3. Competitors from the Senior and Junior Zone Championships may be combined for the Junior/ Senior Free Combination event.
4. Free Combination routines may enter without regard to qualifications.
5. A Free Combination may consist of registered competitors from 2 or more U.S. clubs. The name of a multiple club entry must not reflect a particular club.



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6. Preliminary event maybe waived at the discretion of the Zone tech Chair or appointed representative and/or meet manager.

Preliminary Events:

Junior - Tech Solo, Tech Duet, Tech Team, Free Solo, Free Duet and Free Team

Senior - Tech Solo, Tech Duet, Tech Team, Free Solo, Free Duet and Free Team.

If less than 12 Senior routines are entered in any category Senior Preliminary competition in that category will be eliminated.

Senior/Junior - Free Combination Event

All Junior swimmers must enter Tech Routine in each event they compete except Combo. Senior swimmers may enter just Tech or just Free Routine or both.

FINAL EVENTS

Junior - Solo, Duet and Team: 12 highest scoring entries (combined tech and Preliminary free routine scores) shall qualify for the Final routine competition (Free Routine will swim) #13 is pre-swimmer

Senior - Free Solo, Tech Solo, Free Duet, Tech Duet Free Team and Tech Team: 12 highest scoring entries (Preliminary routine scores) shall qualify for the Final routine competition #13 is pre-swimmer

Senior/Junior - Free Combination Event: 12 highest scoring entries (Preliminary routine scores) shall qualify for the Final routine competition #13 is pre-swimmer

TENTATIVE SCHEDULE Detailed schedule will be based on pre-meet numbers.

Friday, March 6: Jr. Free Solo, Jr. Free Duet

Saturday March 7: Jr. tech solo, Jr. Tech Team, Sr. Tech Team, Jr. Tech Duets, Jr. Free Team Sr. Free Team, Sr. Tech Solo, Sr. Tech Duet, East Zone meeting

Sunday March 8: Jr./Sr. Final Free Duet, Jr./Sr. Final Free Solo, Jr./Sr. Final Free Team, Jr/Sr Final Combo

AIRPORTS
Laguardia (LGA)

Westchester County Airport (White Plains-WPN), John F Kennedy (JFK),

HOST HOTELS

All Clubs and officials interested in attending should complete the information requested and return the form by December 31, 2018 so the appropriate plans can be made. Please send completed Pre-Meet Entry Form to both:

Krista Karwosky
kkarwosky@newcanaanymca.org

Patti Melber
melbers@aol.com



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PRE-MEET ENTRY FORM

NAME OF TEAM

NAME OF HEAD COACH/OFFICIAL

CONTACT PERSON

ADDRESS

CITY /STATE/ZIP

PHONE – HOME

WORK

FAX

EMAIL

Please indicate the number of routines you plan to bring in each category:

Event	Solo	Duet	Team	Combo
Junior				
Senior				

Please indicate the total number of individuals participating in the following areas:

1. Athletes attending
2. Coaches attending
3. Judges attending AND available
4. Chaperones attending

Please return completed form by December 31, 2019 to:

Krista Karwosky kkarwosky@newcanaanymca.org AND Patti Melber melbers@aol.com

THIS FORM MUST BE RETURNED TO RECEIVE FINAL ENTRY MATERIAL