

East Zone Education Report

March 9th, 2019

Sliver Clinic

2018 Silver Clinic

- October 20-21, 2019; Hosted by BGC Gaviatas in Owego, NY; Content Focus: Choreography and Artistic Impression; Athletes Invited: Intermediates (all levels) on Saturday; 12 & Under and 13-15 Age Group on Sunday.
 - 58 swimmers and 9 coaches were in attendance
 - Thank you to our clinicians: Reem Abdalazem and Petra Cacic!
 - Please send feedback on how to improve the Silver Clinic and any content or clinician suggestions to Rice.Katherine.L@gmail.com.
-

Lake Placid Clinic

2018 Lake Place Clinic

- December 16-18, 201, approximately 50 athletes in attendance
 - Thank you to our clinicians: Sue and Barb Nesbitt!
 - Thank you to Mary Ellen Wiegand for organizing this clinic.
 - Please send feedback on how to improve the Lake Placid Clinic and any content or clinician suggestions to Rice.Katherine.L@gmail.com.
-

Recommended Changes to East Zone Clinics

- Silver Clinic
 - Open Sunday to 16-19 Age Group swimmers as well.
 - Lake Placid Clinic
 - Open it to all age eligible athletes. This would allow any swimmer to attend even if she was on a National Team or attended a National Talent Camp, Elite Camp or All-Star.
-

Grade Levels

Grade Level Results

- A list of levels passed by East Zone swimmers is posted on the East Zone website. Please continue to send grade level assessment results and roster updates to Rice.Katherine.L@gmail.com so this list can be kept up-to-date.
-

Coaching Certification Program (CCP)

Requirements

- As of January 1, 2017
 - CCP 1 - Required for all coaches to be on deck at any meet.
 - CCP 2 - Required for all coaches to be on deck at any Regional, Zone and National Meet.
 - CCP 3 - Required for all coaches to be on deck at any Zone and National Meet.
 - First Aid, CPR and SafeSport – Required for all coaches to be on deck at any time.
-

SafeSport

- It is very important that everyone required completes the SafeSport course. Please check the USA Synchro website to see who is required to take SafeSport.
 - Please complete the SafeSport course well in advance of any meets you will be attending. This will give the National Office time to check that all people attending Zone and National meets are certified.
 - Only coaches need to send your completion certificates to Shari Darst. All other members who complete the course will be listed on the full SafeSport list which can be found on the SafeSport Resources page of the website.
-

Background Screenings

- As a step toward ensuring athlete safety, USA Synchro now requires that all Professional, Officials Level 1 & 2 and Instructor members be Background Screened and SafeSport trained. USA Synchro will cover the cost of all domestic Background Screens for members in the previously mentioned categories through October 1, 2019.
- Please make sure you have followed the instructions sent to you by USA Synchro to obtain your background screening

Respectfully submitted,
Katie Rice
Education Chair, East Zone Synchronized Swimming