

East Zone Education Report September 10th, 2018

Sliver Clinic

2017 Silver Clinic

- October 14th-15th, 2017; Hosted by Hamden Heronettes in Hamden, CT; Content Focus: 2017-2021 FINA Figures; Athletes Invited: Intermediates (all levels) on Saturday; 12 & Under and 13-15 Age Group on Sunday.
- 105 swimmers and 20 coaches were in attendance
- Thank you to our clinicians: Paola Tirados and Cailia Tong!

2018 Silver Clinic

- Date and location TBD
 - Lead Clinician: Reem Abdalazem
 - Content Focus: Artistic Impression and Presentation
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Lake Placid Clinic

2017 Lake Place Clinic

- December 8th-10th, 2017, approximately 30 athletes in attendance
- Thank you to our clinicians: Heather and Camryn Carasco!
- Thank you to Mary Ellen Wiegand for organizing this clinic.

2018 Lake Placid Clinic

- Details TBD
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Grade Levels

Grade Level Results

- A list of levels passed by East Zone swimmers is posted on the East Zone website.
- Please continue to send grade level assessment results and roster updates to Rice.Katherine.L@gmail.com so this list can be kept up-to-date.

Grade Level Assessors

- A list of current East Zone assessors is also posted on the East Zone website. Please send me updates to this list.
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Coaching Certification Program (CCP)

Requirements

- As of January 1, 2017
 - CCP 1 - Required for all coaches to be on deck at any meet.
 - CCP 2 - Required for all coaches to be on deck at any Regional, Zone and National Meet.
 - CCP 3 - Required for all coaches to be on deck at any Zone and National Meet.
 - First Aid, CPR and SafeSport must be current to be fully certified.
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SafeSport

- It is very important that everyone required completes the SafeSport course. Please check the USA Synchro website to see who is required to take SafeSport. Given that it is now required for many different people, including judges and chaperones, please make sure everyone in your organization is meeting this requirement.
 - Please complete the SafeSport course well in advance of any meets you will be attending. This will give the National Office time to check that all people attending Zone and National meets are certified.
 - Only coaches need to send your completion certificates to Shari Darst. All other members who complete the course will be listed on the full SafeSport list which can be found on the SafeSport Resources page of the website.
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All-Star Camp

- Body and Mind - October 26th-28th, 2018; San Antonio, TX
 - Clinicians: Lori Eaton, Reem Abdalazem and Irene Montrucchio
 - Each Zone can send 4 athletes from each level – 12 & Under, 13-15 and Junior
 - Invitations to East Zone athletes will be sent out based on placement at Zone Championships
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Respectfully submitted,
Katie Rice
Education Chair, East Zone Synchronized Swimming