

East Zone Education Report

March 4th, 2023

Submitted by Kayla Parvana

Silver Clinic

- December 3rd and 4th, 2022; Maine-Endwell Senior High School in Endwell, NY
 - Content Focus: Basics and new figures
 - Athletes Invited: Intermediates (all levels) on Saturday; 12 & Under and 13-15 Age Group on Sunday.
 - 36 swimmers and 7 coaches were in attendance
 - Thank you to our clinician Rebecca Ercoli and her athletes!
 - Please send feedback on how to improve the Silver Clinic and any content or clinician suggestions to kayla.parvana@gmail.com
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Lake Placid Athlete Clinic, Judges and Scoring Update

- January 27th-29th, 2023. Lake Placid Olympic Training Center and North Country Community College
 - Approximately 75 athletes and coaches, judges, and scorers in attendance.
 - Thank you to our clinicians, Sue and Barb Nesbitt. Our trainers Eugenia, Debbie, and Gil!
 - Please send feedback on how to improve the Lake Placid Clinic and any content or clinician suggestions to kayla.parvana@gmail.com
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Grade Levels

Grade Level Results

- A list of levels passed by East Zone swimmers is posted in the [Grade Levels](#) section of the East Zone website.
 - Please send grade level assessment results and roster updates to kayla.parvana@gmail.com
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Coaching Certification Program (CCP)

Requirements

- **Latest Update**
- The Board of Directors has recently voted to make the CCP requirement for Zone meets Level 2. This is effective immediately. As of 03/04/23, Appendix W has not been updated. It is unclear if/how this will affect other CCP requirements. More information is to come.
 - SafeSport, CPR, First Aid and Background Checks - Required for all coaches to be on deck at any time.
- If it is a coach's first year coaching, they only need to complete CCP 1 and are covered under a first year waiver. The waiver is automatically given.

CCP Expiration

- If your CCP certification is due to expire, you need to take Level 1, 2 or 3, attend Coaches College, or purchase all 13 [Swiminar](#) videos to maintain your current rating for 4 years.
 - For more information, visit [Coaching Certification Program](#)
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SafeSport

- **Important Requirement for Clubs:** All club board members must be background screened and safe sport trained.
- There is a USAAS Membership called Athlete Safety Membership, specifically for these individuals that will include the cost of a background screen and safe sport training.
- The cost of this membership is \$40.00 and will include the cost of completing the USAAS-required background screening.
- **“Chaperone Pass”** To help club directors track their Chaperones, USAAS created a “Chaperone Pass” that each chaperone can register for. This is a free pass that will appear on club directors membership reports.

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- This is NOT a USAAS Membership but simply a way for Chaperones to register in the Sport Engine System and have their SafeSport imported and tracked along with all other club participants.
- The Chaperone Pass will also give your Chaperones a USAAS# to use during event registration.
- You can register the same way you have been registering athletes and coaches. Club Directors can register Chaperones themselves or send the Direct Purchase Link to chaperones.
- SafeSport is required for all members who are 18 or older including collegiate, masters, and life members who are competing, coaching, judging and working in the sport. For Life members who may be retired and no longer engaged in day-to-day activities within the sport, they are exempt from Safe Sport training.

Background Checks

- USA Artistic Swimming Professional, Officials Level 1 & 2, Instructor Members and Life Members - according to USA Synchro's revised application of the United States Olympic Committees athlete safety policy, Background Checks are now a requirement to be a member of USA Synchro in the category you are currently registered.
- Please refer to the USA Artistic Swimming website for more details: [Background Checks](#)

Thank you everyone for your prompt response in making sure your credentials are up to date!

Respectfully submitted,
Kayla Parvana
East Zone Education Chair