

2012 EAST ZONE Junior Championship

February 10-12 New Canaan CT

HOSTED BY: New Canaan Y Aquianas

MEET MANAGERS: Mary Shah
(914) 533-5221
4 Puddin Hill Road
South Salem, NY 10590
Maryshah@optonline.net

VENUE: New Canaan YMCA
594 South Avenue
New Canaan, Ct 06840
203-966-4528

SANCTIONED BY: United States Synchronized Swimming

RULES TO GOVERN: United States Synchronized Swimming 2012 Official Rules
Current East Zone Synchronized Swimming Handbook

- Please see weather policy in East Zone Handbook in case of inclement weather.

FIGURES: **Compulsory**

313 Kip Split Closing 180° 2.5 112f Ibis Continuous Spin 2.8

Selection Group 2

355b Porpoise, Full Twist 2.5 150 Knight 3.1

ELIGIBILITY REQUIREMENTS: MUST ATTACH VERIFICATION

All athletes must be registered USSS Regular Athletes for 2012.

Age: 13 & over by birth year (athlete's birth year 1999 or before)

Preliminaries

The minimum score (effective 09.18.2010)

Solo 60.00, Duet 59.00, Trio 58.00, Team Open

The score must be obtained at a Senior Association, Junior Association, Regional, Zone or National Meet. Scores earned are valid for the next 2 competitive years.

Semi-Finals

The minimum seed score

Solo 69.00, Duet 68.00, Trio 67.00

The score must be obtained at a Regional, Zone or National meet. Scores from Association Championships may not be used for seeding. Scores are valid for the next 2 competitive years.

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OVER QUALIFICATIONS

Athletes who have earned the following scores are ineligible for participation in that event, for life.

Solo 72.00, Duet 71.00, Trio 70.00

1st place Solo, Duet, Trio & Team in that event at 2011 East Zone Jr. Championship.

Top 3 places in Team (event only) from the 2011 East Zone Championship.

All finalists from the 2011 East Zone Championship in Solo, Duet and Trio in that event.

*Note: Over-Qualification applies to individual athletes. i.e. An athlete who has achieved an Over-qualification in a particular event may NOT participate in that event at the East Zone Junior Championship again, even if the majority of swimmers in her trio or team are eligible.

ENTRY FORMS: Please see attached.

Form A Official Entry Form

- Please note athletes who are age 13-15 in the "Comments" column, to assist in the 13-15 All Star Team selection and highlight them (please see form for example)

- Please Attach Proof of USSS Registration, and Proof of qualifying scores

Form B Entry Fee Summary

Form C Host Fee summary

Form D Housing and transportation

Form E Officials Availability form

- Officials please remember the change in pant color from navy blue to black with white top.
- Officials please also be aware that we are using the "new" scoring system with each judge (technical or artistic) giving 3 scores. If you have any questions please contact Joann Wright.

ENTRY DEADLINE: January 30, 2012 use postal form #3817 to verify mailing. Entries for all competitions must be postmarked 14 days prior to the first day of the competition. We are giving a few extra days so we can eliminate as many provisional entries as possible. No entries shall be accepted after entries close.

Note: If a qualifying competition is held after the entry deadline, please send provisional entries by the entry deadline. Note "Provisional" on Form A. Do NOT send fees for provisional entries. Confirmation of qualification is due by phone or email within 24 hours of the end of the qualifying competition. Confirmation and Fees must be mailed within 72 hours of the end of the qualifying competition.

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ENTRY FEES: Routines: \$7 / person / event; Sponsor fee: \$15 per person

EMAIL or MAIL COPY ENTRY FORM A TO BOTH:

Mary Shah

Maryshah@optonline.net

4 Puddin Hill Road

South Salem, NY 10590

Chas Collett

chas.collett@comcast.net

28 Cobblestone Drive

Hamden, CT 06518

Please remember to include an accurate coach's email on first sheet.

**Mail all fees, Entry Forms A-E, proof of USSS Registration,
and proof of scores to Meet Manager**

Mary Shah

Maryshah@optonline.net

4 Puddin Hill Road

South Salem, NY 10590

OFFICIALS:

Return Form E to the EZ officials chair by email to Joanne Wright with officials' availability emailjow@yahoo.com . Unaffiliated officials should contact Mary Shah (see above for email) after emailing Joanne for housing opportunities. Officials should wear white tops with black bottoms for each event. Please be aware that we are using the "new" scoring system. 3 scores will be awarded by each judge (technical and artistic).

POOL DESCRIPTION: Length: 75' Width: 6 lanes Depth: 11' to 4' Distance of water from deck level: 12" Type of Pool Entry: diving well end, spectator seating on right diving toward shallow end.

SOUND SYSTEM: Bose sound system

PROGRAMS: Will be available for purchase at the meet. Anyone who wishes to have a photo in the program needs to send in JPEG format to cvallesnca@aol.com. (\$20 for B&W photo, \$40 color photo, \$100 full Page, \$60 half page, \$40 quarter page, \$20 business card ad. **Deadline is 2/1/12**)

PARKING: No parking on South Avenue. Arrangements have been made for parking at nearby New Canaan South Elementary school. There will be no shuttle bus. Each club *may* be able to get 1 parking pass to park in the staff lot on Friday, Saturday afternoon and Sunday. There is no parking at the YMCA on Saturday morning until 12pm. Teams may drop athletes off at the front of the Y and park at the nearby school. The YMCA will assess a \$100 fine for all those who park in the YMCA parking lot without a handicap sticker or provided parking pass.

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VENUE RULES: **Tobacco Product-Free Environment** Effective October 15, 2009, smoking will not be permitted on the New Canaan YMCA premises, which include but are not limited to inside and outside the facility, the grounds, and the parking lots.

No Child Left Alone Children under the age of 12 must be under the supervision of an adult at all times while at the YMCA. Youth involved in a program or sport at the YMCA are under the supervision of the program director or coach and are not considered un-supervised. The YMCA reserves the right to contact a guardian if a child is left unattended more than 15 minutes before or after their programs.

CLUB BANNERS: Please hand in club banners when checking in and they will be hung by a NCA parent or volunteer.

LOCKER ROOMS: The boys' locker room will be available to all teams during the meet. The women's and girl's locker rooms are not for team use.

DE-KNOXING: There will be no de-knoxing allowed at the facility at all on Friday or Saturday. Any team de-knoxing in the pool or the locker room will be fined \$100. De-knoxing on Sunday can be arranged by talking with the meet manager.

SOUTH GYM USE: There will be designated team tables in the gym. The girls should store their bags in that area if possible.

HOTEL INFORMATION: To book online follow these steps:

Go to: www.norwalk.doubletree.com

Enter your check in & check out dates, click Go

Scroll to the bottom and enter Group Code: **EZC**

Continue to follow prompts to complete reservation

& record your confirmation number. **The deadline for reservations is February 1, 2012**

Reservations can also be made by calling (800) 492-7148, and requesting the group: **East Zone Champions**

Doubletree Hotel Norwalk | 789 Connecticut Ave. | Norwalk, CT 06854
Phone: 203-523-2205 | Fax: 203-523-2292

GEL STATION: Gel only at the designated Gel Station. Signs will be posted directing you to it. **Do not remove Gel at the Y (\$100 fine will be enforced).**

CONCESSIONS: A variety of food will be available throughout the meet.

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MERCHANDISE: Will be for sale.

**KIM MILLER RAFFLE AND FUNDRAISER
PLEASE PARTICIPATE AND/OR DONATE**

(Please see information inside the Program

or

visit the EZ website www.heronettes.org/eastZone/eastZone.shtml)

Tentative Schedule

Friday 2/10/12- Doors open at 3:30 All preliminary events starting with solo. Lap swim 4:15*

Saturday 2/11/12- Doors open at 7am All semifinal events.**

Sunday 2/12/12- Doors open at 7am All final events.**

*Depending on final entries we may have a semifinal event on Friday night.

**Depending on final entries and time schedule we may have figures on either Saturday or Sunday.

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We no longer use Figure or Routine sheets at National meets. We will, instead, use the Club Entry Form as the meet entry.

DIRECTIONS FOR USE

Fill in the **Club Name**, **Code** and **Meet Name** on ALL Club Entry Forms sent. At the bottom of the form, the Team Contact(s) only need to be filled in on the first of the Club Entry Forms.

The **Athlete Name** (first, then last) MUST be legible (this is how the swimmers will be entered into the computer/meet). The **Registration Number** and **Birth Year** are unchanged (self-explanatory).

The Figure Group means the age of the youngest routine the swimmer is competing in. Example:

- a) If swimmer is 11 years old but swims in a 12-13 Team ONLY, the swimmer should do 12-13 Figures for any award placement. The swimmer will not place in the 11 and Under Figure results. Therefore, "12-13" is the age placed in the **Figure Group** column.
- b) If a swimmer swims a 12-13 Routine and a 14-15 Routine, with DIFFERENT Figures, the swimmer MUST do Figures in 12-13 and also 14-15. The swimmer will be eligible for an award in 12-13 Figures and place as an Honorary in the 14-15 Figure results. Therefore, the swimmer would have "12-13" in the **Figure Group** column and *also* "14-15H". (You may also just place a "12" or "14H" in the column if not enough room.)

The **Routine** columns (Solo, Duet, Trio and Team) are divided into Number (#) and **Group Name**.

The **Solo** column **Number** (#) indicates entry in that set of routines ("1", "2", "3", etc.). This equals, at the bottom, the total number of Solos entered in that meet. The **Group Name** indicates the age of that Routine ("12-13" or "12", "14-15" or "14", etc.).

In the **Duet**, **Trio** and **Team** columns, the **Number** (#) indicates entry in that set of Routines. However, it differs from the Solos in that the swimmers, swimming with each other, MUST have corresponding numbers (including any alternate). If Susie Q is swimming with Emma Lou, and Gertrude is the alternate, then all 3 swimmers MUST have the same number, with Gertrude having alternate ("Alt.") indicated in the column by their names as well as the number ("1", "1", "1 Alt."). Again, the **Group Name**, or age group in this example, is the age of the oldest swimmer swimming the routine ("12-13" or "12", "14-15" or "14", etc.).

In the **Comments** section, enter any necessary information, such as where/when qualified & score (if not on pre-qualified list), swimmer ONLY entering for Trials (Figures only), etc.

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If using this form where seeding of swimmers is involved, simply place an “S” in the Number (#) column after the number and also make a comment in the Comments section.

At the bottom of the page, please write in the **Total** number of Routines/Figure competitors so the person entering your club into the meet will have a quick double-check that all swimmers have been entered.

At Registration for the meet, you will need to check the Club Summary Form immediately for any discrepancies, so changes may be made BEFORE the meet begins.

Samples of the Club Entry Form have been forwarded to all clubs with the 2000 Pre-Meet information. This form and instructions are also available on-line in MS Word '97 PC format at www.usasynchro.org, click on “Synchro Resources”, then “Forms”. (Feel free to type onto the form, but please do not alter the layout of the form.)

Please look over this form and familiarize yourself with it. We hope that by eliminating Figure & Routine sheets, plus the previous Forms A & B from the Final Meet Announcement, that we will streamline the entry process and save a few trees along the way.

Any questions? Call your zone scoring chairperson or National Scoring Chairperson Jackie McDaniel at (619) 464-7379.

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3-Letter Club Code _____

Zone N S E W Region A B C D

Club Any Team **Example**

Meet Name

Athlete Name	Reg. Number	Birth Year	Fig. Group	Solo			Duet		Trio		Team / Combo		13/15 Y or N	Comments
				ID#	Age Div.	ID#	Age Div.	ID#	Age Div.	ID#	Age Div.	ID#		
Susy Swimmer	12345	1999				1	jr						Y	
Fanny Flyer	22222	2002				1	Jr						N	
Totals														

Team contact(s) Name _____ Phone Days () _____ Evenings () _____ email _____

If a routine is seeded to Semifinals, indicate with an S. (e.g. "2S alt" for the second entry, seeded to Semifinals, as an alternate.) Briefly summarize in the Comment column Proof of Qualification. Attach complete Proof of Qualification. Questions or concerns, contact your zone scoring chairperson or Jackie McDaniel, Nat.Chair (619) 464-7379.

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FORM B: ENTRY and SPONSOR FEE SUMMARY

Club _____ Club Code _____

Person completing form: _____

Phone: _____

Email: _____

SOLOS

of solos _____ x \$7 = \$ _____

DUETS

of duets _____ x 2 = _____ x \$7 = \$ _____

TRIOS

of trios _____ x 3 = _____ x \$7 = \$ _____

TEAMS

of teams _____ x # of swimmers _____ x \$7 = \$ _____

ALTERNATES

Any swimmer who is listed as an alternate for a routine and who is not swimming any other routine event shall pay the entry fee.

of alternates only _____ x \$7 = \$ _____

TOTAL ENTRY FEE = \$ _____

SPONSOR FEE

of Competitors entered (including alternates)

of Competitors entered (including alternates) _____ x \$15 = \$ _____

TOTAL SPONSOR FEE = \$ _____

Total Entry Fee + Sponsor Fee = \$ _____

Make check payable to: *New Canaan Aquianas*

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FORM E: OFFICIALS AVAILABILITY

Club Name: _____

Association: _____

NAME/RATING	Friday	Saturday	Sunday

Please note specifically any events you will not be available for.