



2013 EAST ZONE CHAMPIONSHIP

March 8-10, 2013 Binghamton, NY

Meet Announcement

MEET MANAGER

Diana Lenzo
didozo@juno.com
155 Kay Road
Endicott NY 13760
(607) 727-9871

Maureen Mueller
maureenm@stny.rr.com

FACILITY

Maine Endwell High School Aquatics
714 Farm to Market Road
Endwell, NY 13760

SANCTION:

United States Synchronized Swimming, Inc.

RULES TO GOVERN:

United States Synchronized Swimming 2013 Official Rules
Current East Zone Synchronized Swimming Handbook

Please see weather policy in East Zone Handbook in case of inclement weather

ELIGIBILITY

All athletes must be registered USSS Regular Athletes for 2013
Age 13 and over by birth year (athlete's birth year 2000 or before)

QUALIFYING

Preliminaries minimum score:

Solo 66.00
Duet 65.00
Trio 64.00
Team Open

Semi-finals minimum score

Solo 75.00
Duet 75.00
Trio 75.00

SEEDING TO SEMIFINALS

1. Solo, Duet and Trio finalists (1-8) from the 2012 East Zone Championships
2. Solo, Duet and Trio Winner (1st place) from the 2012 & 2013 East Zone Junior Championships.
3. All solos, duets, and trios with the above semi-final minimum score.

*IMPORTANT

Please note that ANY routine that has 13 and/or 14-year-old members will NOT be eligible to qualify for U.S. Nationals. Preliminary scores may be earned at a Senior Association meet or Regional, Zone or National Championship. Semifinal seed scores must be earned at Regional, Zone or National Championships. Scores from Association Championships may not be used for seeding. Scores earned are valid for the next 2 competitive years. (Ex 2011 scores can be used at 2012 and 2013 competitions)

ENTRY FORMS:

Form A Club Entry Form – **indicate S for Seeded**
Form B/C Entry Fee Summary
Form D Housing and Transportation
Form E Officials availability Form

ENTRY DEADLINE:

February 22, 2013

Use postal form # 3817 to verify mailing
No entries will be accepted after this date

MAIL ALL FEES, ENTRY FORMS A-E, PROOF OF USSS REGISTRATION, PROOF OF SCORE AND LIST OF SENIORS TO MEET MANAGER:

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155 Kay Road
Endicott, NY 13760



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EMAIL ONE COPY ENTRY FORM A TO:

Bob Weigand

bobwiegs@yahoo.com

Please remember to include an accurate coach's email on first sheet.

EMAIL ONE COPY OF FORM E TO OFFICIALS CHAIR AND EDUCATION CHAIR:

Kim Kohut

1007 Hillsdale Rd

Parma, OH 44134

h2ophilia@hotmail.com

Sheila Wright

wrightsync@aol.com

NOTE: Include Practice Judges, Orals as well as Judges Availability and Coaching Level and Certs.

OFFICIALS:

Officials should wear white tops with black bottoms.

Hospitality for Officials and Judges in designated area in Cafeteria.

ENTRY FEES:

Routines: \$10/person/event; Sponsor fee: \$15 per person

EVENTS:

Prelim, Semi-Final and Final Events in Solo, Duet and Trio. Semi-Finals and Finals in Team.

FIGURES:

Junior Compulsory and selection group: 2

313 Kip, Split, Closing 180 2.5

355B Porpoise full twist 2.5

112f Ibis, Continuous Spin (720) 2.8

150 Knight 3.1

AWARDS:

Medals 1st-3rd, ribbons 4th – 8th

ALL STAR TEAM:

The top sixteen athletes from the East Zone Championship figure results, including split test bonus, shall comprise the East Zone Senior All Star Team.

Athletes will participate in a right land split test, and a passing score will give the athlete a .25 point bonus added to her figure score for all star calculation purposes only.

POOL SPECS

Length: 75'

Width: 60'

Width: 8 lanes

Depth: 12' to 4'

Distance of water from deck level: 5"

Entry: deck, 2 dive boards and non-removable start blocks on deck.

SOUND SYSTEM

Lubbel underwater

4 overhead speakers

CLUB BANNERS:

Please hand in club banners when checking in, BGC will hang them up.

VENUE RULES:

No DeGeling will be allowed at this facility. Doing so will incur a \$100 fine.

No Food on Deck – no glass containers

PARKING:

Parking is available in the front, sides and in back of the Aquatics center. Additional parking is available at the other end of the school and in back. NO PARKING ON FRIDAY in the loop in front of the school. NO PARKING ON SUNDAY at either church across the street from the school

SPECTATOR AREA

Concrete seating to the left of the pool entrance. Handicap accessible with elevator to Pool area and/or cafeteria/concession area.

ATHLETE AREA

Teams will have reserved space in the cafeteria for team coolers, storage of all athlete bags and land drilling. Gel Station will be available outside the locker rooms in the hall. Teams will be delegated a locker room, please look for team name..



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PHOTOGRAPHER: MIGZ Photography will be taking photos after each swim and orders will be taken.

GRADUATING SENIORS: Please provide a listing of all graduating seniors and the college they will be attending on the attached form.

PROGRAM: Will be available for purchase at the meet. Anyone who wishes to have a photo in the program needs to send a JPEG file to jepullis@yahoo.com. Details on form at the end of the packet.
Deadline is February 20th.

CONCESSIONS: A variety of food will be available for purchase throughout the meet. Merchandise will also be available. No Food is allowed outside the Cafeteria. This will be strictly enforced.

Kim Miller Scholarship Raffle and Fundraiser- Please participate and/or donate.
(visit the EZ website www.heronettes.org/eastzone/eastzone.shtml)

OFFICIALS AND COACHES HOSPITALITY AVAILABLE IN THE CAFETERIA

AIRPORT Binghamton Airport, (BGM) 15 minutes from Pool. If booking flights with United, please use the code listed at usasynchro.org for discounted airfares.

HOTELS Please see attached listing of area hotels and rates.
Meetings will be held at the host hotel, Hampton Inn and Suites, Saturday night at 7:30.

DIRECTIONS TO THE POOL:

From the Vestal Parkway – take Rt 434 West. Merge onto Rt – 26N via the ramp on the left. Take Rt -17C ramp toward Endwell. Turn slight right onto Rt -17C/E Main Street. Turn right onto Cr-33/Hooper Road. Turn slight right onto Farm to Market Road/Cr-49. School will be on the Right. Aquatics Center is at the very end of the school. Park in front/side/back. DO NOT PARK IN THE LOOP IN FRONT OF THE SCHOOL ON FRIDAY. DO NOT PARK IN CHURCH PARKING LOTS ON SUNDAY.

From Route 81 South or North – take the 17C/Elmira ramp. Take exit 69 to Endwell/Endicott. Keep to the right. Take The ramp on the right for Cr-33/Hooper Road. Bear to the right. Turn slight right onto Farm to Market Road/Cr-49. School will be on the right. Aquatics Center is at the very end of the school. Park in front/back/side. DO NOT PARK IN THE LOOP IN FRONT OF THE SCHOOL ON FRIDAY. DO NOT PARK IN CHURCH PARKING LOTS ON SUNDAY.

TENTATIVE MEET SCHEDULE

Friday, March 8: 4 pm

Saturday March 9: 7am

Zone Awards

EZ Meeting at Host Hotel 7:30pm

Sunday, March 10: 8am

Awards for Team Trophy

****Based on meet entries, the Meet Host, in consultation with the Tech and Scoring Chair, may adjust the schedule, including changing the day of scheduled events. We will adjust the schedule as soon as we get the entries counted and will notify you.****



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Provided by:



VisitBinghamton.org

Hotel Rate Information for: East Zone Senior Championship March 8-10, 2013

<i>Hotel</i>	<i>Single</i>	<i>Double</i>	<i>Triple</i>	<i>Quad</i>	<i>Amenities</i>
Best Western Johnson City 607-729-9194 569 Harry L. Drive, Johnson City www.bestwestern.com/ofjohnsoncity	\$90.00	\$90.00	\$90.00	\$90.00	Complimentary breakfast, extensive health club access, high speed internet, 80 cable channels, & lounge
Comfort Suites 607-766-0600 3401 Vestal Parkway E, Vestal www.comfortsuites.com	\$99.95	\$99.95			Complimentary hot breakfast, heated indoor pool, fitness facility, high speed wireless internet.
Courtyard by Marriott 607- 644-1000 3801 Vestal Parkway East, Vestal www.marriott.com/bgmvs	\$104.00	\$104.00			PLEASE CALL FOR A CONTRACT TO HOLD RATE. Indoor pool, fitness room, internet, free parking.
Hampton Inn Johnson City 607-729-9125 630 Field Street, Johnson City www.hamptoninn.com	\$99.00	\$99.00	\$99.00	\$99.00	Full hot breakfast, fitness facility, indoor pool, high speed & wi-fi internet. Enter through Wegman's parking lot.
Hampton Inn & Suites 607-797-5000 3708 Vestal Parkway East, Vestal http://www.hampton-inn.com	\$109.00 Double	\$109.00 King & King Study	\$119.00 Double suite	\$119.00 King Suite	Complimentary hot breakfast, indoor pool, fitness facility, high speed & wireless internet. This is the host hotel for the event.
Holiday Inn Express & Suites 607-348-0088 3615 Vestal Parkway East, Vestal, NY www.hiexpress.com/binghamton	\$120.95	\$128.95	\$128.95	\$128.95	Complimentary hot & cold breakfast bar, high speed internet & wireless, indoor pool & fitness center.
Homewood Suites 607-296-4800 3603 Vestal Parkway East, Vestal www.homewoodsuites.hilton.com	\$129.00	\$139.00	\$139.00	\$39.00	Complimentary full breakfast, high speed internet & wireless, indoor pool, fitness facility.
La Quinta Inn 607-770-9333 569 Harry L. Drive, Johnson City NY www.lq.com	\$90.00	\$90.00	\$90.00	\$90.00	Complimentary breakfast, extensive health club access, high speed internet, 80 cable channels, & lounge
Quality Inn & Suites 607-729-6371 4105 Vestal Parkway East, Vestal, NY www.choicehotels.com	\$89.95	\$89.95	\$89.95	\$89.95	Complimentary deluxe hot breakfast, full service restaurant, fitness facility, high speed internet & wireless.
Red Roof Inn 607-729-8940 590 Fairview Street, Johnson City http://www.redroof.com	\$64.99	\$69.99			Complimentary coffee, fitness facility, high speed & wi-fi internet, adjacent to Oakdale Mall and restaurants.
Traditions at the Glen 607-797-2381 4101 Watson Blvd, Johnson City, NY www.traditionsresort.com	\$101.00	\$101.00	\$101.00	\$101.00	Complimentary breakfast (except for Sunday), 24 hour fitness facility, complimentary wireless internet, tavern & onsite dining.

NOTE: All prices subject to 13% Sales tax

There are a limited number of rooms available at the rates above – please call early



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CLUB ENTRY FORM – DIRECTIONS FOR USE

1. Use the **Club Entry Form A** for Solo, Duet, Trio or Team Events. There is a separate form for entries into Combination Routines.
2. Fill in a Separate Entry Form for each different Figure Group entered
3. On the top of the Club Entry Form, on ALL Club Entry Form pages sent:
 - a. Fill in the **Meet Name, Club Name, 3 LETTER (no numbers!) Club Code** and **Meet Location**.
 - b. Circle Zone (N, S, E, or W) and Region (A, B, C, or D).
4. **In the body, table, of the Club Entry Form:**
 - a. The **Athlete Name (First name, Last name)** **MUST** be legible, preferably typed or computer printed. This is how the athletes will be entered into the computer system for the meet.
 - b. In meets such as Age Group, mark an “H” in the column if the athlete is also competing in another younger age group.
 - c. The **Athlete Birth Year** is self-explanatory.
 - d. If the meet contains different **Figure Groups**, enter the figure group for each athlete.
 - e. The **Routine** columns (Solo, Duet, Trio and Team) are divided into **ID Number (ID #)** and **Age Division (Age Div.)**.
 - i. In the **Solo** column, the first item is the **ID #** and indicates entry in that set of Solo Routines (“1”, “2”, “3”, etc.). This equals, at the bottom of the table, the **TOTAL** number of solos entered in the meet. Enter the appropriate age division in the **Age Div.** column.
 - ii. The **Duet, Trio** and **Team** columns are slightly different. The **ID #** column is for the Routine # entered by the Club. The same number **MUST** be entered for athletes swimming the same routine (i.e., Susie, Sally are swimming a **Duet** with Sam as the alternate – each would have the same number in this column – “1”, “1”, and “alt 1” in the **ID #** column for Duet). If they are swimming a **Trio**, they will have “1”, “1”, “1” in this **ID #** column for Trio. The same holds true for **Team**, with each athlete swimming the same team having the same number in the **ID #** column for Team. Enter the appropriate age division in the **Age Div.** column.
 - iii. For Free Combination Routines, follow the instructions for the Team above.
 - iv. The columns for Solo would look like this:

ID # Age Div.

1	JR
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 - f. In the **Comments** area, enter where/when qualified and qualifying score, if applicable for the meet.
 - g. At the bottom of the table, enter the **TOTAL** number of:
 - i. Figure competitors in the **Registration Number** column, and
 - ii. Routines under each event (**Solo, Duet, Trio** and **Team**) column so the Scoring Chair entering your Club into the meet will have a quick double-check that all swimmers have been entered.
5. At the bottom of the Club Entry Form:
 - a. Complete the **Team contact** on the first page only.
 - b. The name of the **Coach, and his/her signature, MUST** be on each page of the Club Entry Form. If the Coach is not available, they will need to sign the Club Entry Form at registration at the meet.

BE SURE TO SEND VERIFICATION FOR EACH ROUTINE ENTRY WITH THE CLUB ENTRY FORM IF APPLICABLE FOR THE MEET ENTERED. IF NO VERIFICATION IS RECEIVED THE ATHLETE/ROUTINE WILL NOT BE ENTERED.

For questions or concerns, contact your Zone Scoring Chairperson or the National Scoring Chairperson.



Please complete Separate Entry Forms for each different Figure Group

Club _____ Meet Location: _____

Team Contact(s) Coach _____ Phone Days (_____) Evenings (_____) Email _____

Name _____ Phone Days (_____) Evenings (_____) Email _____

The athlete(s) listed above are currently registered with USSSI and are correctly entered for this meet.

Coach's Signature: _____ Date _____

Attach complete Proof of Qualification. For questions or concerns, contact your Zone scoring chairperson or the National Scoring Chairperson.



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FORM B: ENTRY and FORM C: SPONSOR FEE SUMMARY

Club _____ Club Code _____

Person completing form: _____

Phone: _____ Email: _____

Please double click on the chart below. It will open excel. Please enter your numbers into the yellow boxes. Save and close Excel. Word file will update. Does all math!
Contact Maureen Mueller, maureenm@stny.rr.com with any issues.

Event Fees

# solos	0	\$10	\$0
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# duets	0	\$20	\$0
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# trios	0	\$30	\$0
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# teams	0		
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Total number of swimmers swimming team event	0	\$10	\$0
--	---	------	-----

Total Event Fees: **\$0**

Sponsor Fees

# swimmers	0	\$15	\$0
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# alternates not swimming in an event	0	\$15	\$0
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Total Sponsor Fee: **\$0**

Total Amount: **\$0**

Payable to BGC Gaviatas:

RETURN this form to Diana Lenzo, didozo@juno.com,
with payment to to BGC Gaviatas



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FORM D: HOUSING/ TRANSPORTATION

Club _____ Club Code _____

Person completing form: _____

Phone: _____ Email: _____

Arriving: ☐ Air ☐ Auto ☐ Other

Date _____

Time _____

Flight _____

Airline _____

Departure Date _____

Time _____

Please patronize the host hotels to help us secure rooms for our scorers and unaffiliated judges.

If you have any issues with the hotels, please contact Diana Lenzo didozo@juno.com

Hotel/Lodging _____

Phone _____

No. of Athletes _____

No. of Coaches/Officials _____

Please list three on-site emergency contacts for your club
(they may be coaches, officials or parents).

1. _____ phone: _____

2. _____ phone: _____

3. _____ phone: _____

RETURN this form to Diana Lenzo didozo@juno.com



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FORM E: OFFICIALS AVAILABILITY

Club Name/Affiliation: _____

Association: _____

NAME/RATING	CCP Level & Certs current?	CCP Level	Friday	Saturday	Sunday

Please note specifically any events you will not be available for.

Please indicate Practice Judges (P) and Orals (O) as needed

Registered Coaching Certifications will be verified..

RETURN this form to Education Chair Sheila Wright, wrightsync@aol.com
and Officials chair Kim Kohut, h2ophilia@hotmail.com



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Graduating Seniors

Club	Name	College

Information for program ads and photos

Programs will be available for purchase at the meet.

If you would like to include your team photo or provide a shout out, please send all information and a photo in a JPEG format to jepullis@yahoo.com by February 20, 2013.

Prices are for color or black and white.

Please make your check out to BGC Gaviatas and mail to Nicole DoBell 2621 Purdue Drive, Vestal, NY 13850

	price
Business card/personal shoutout	10.00
¼ page ad	20.00
½ page ad	30.00
Full page ad	40.00