



# 2014 East Zone Junior Senior Championship Endicott, NY



## Meet Announcement

**MEET MANAGER** Diana Lenzo  
[didozo@juno.com](mailto:didozo@juno.com)  
155 Kay Road  
Endicott NY 13760  
(607) 727-9871

Maureen Mueller  
[maureenm@stny.rr.com](mailto:maureenm@stny.rr.com)

**FACILITY** Maine Endwell High School Aquatics  
714 Farm to Market Road  
Endwell, NY 13760

**SANCTION:** United States Synchronized Swimming, Inc.

**RULES TO GOVERN:** 2014 FINA Synchronized Swimming Rules  
United States Synchronized Swimming 2014 Official Rules  
Current East Zone Synchronized Swimming Handbook  
**\*Please see weather policy in East Zone Handbook in case of inclement weather\***

**POOL SPECS** Length: 75' Width: 60'  
Width: 8 lanes Depth: 12' to 4'  
Distance of water from deck level: 5"  
Entry: deck, 2 dive boards and non-removable start blocks on deck.

**SOUND SYSTEM** Lubbel underwater  
4 overhead speakers

**CLUB BANNERS:** Please hand in club banners when checking in, BGC will hang them up.

**VENUE RULES:** **No DeGeling will be allowed at this facility.** Doing so will incur a \$100 fine.  
No Food on Deck – no glass containers. Water only.

**AIRPORT** Binghamton Airport, (BGM) 15 minutes from Pool. If booking flights with United, please use the code listed at [usasynchro.org](http://usasynchro.org) for discounted airfares.

**HOTELS** Please see attached listing of area hotels and rates. Host hotel is the Best Western Johnson City.

### **DIRECTIONS TO THE POOL:**

From the Vestal Parkway – take Rt 434 West. Merge onto Rt – 26N via the ramp on the left. Take Rt -17C ramp toward Endwell. Turn slight right onto Rt -17C/E Main Street. Turn right onto Cr-33/Hooper Road. Turn slight right onto Farm to Market Road/Cr-49. School will be on the Right. Aquatics Center is at the very end of the school. Park in front/side/back. **DO NOT PARK IN THE LOOP IN FRONT OF THE SCHOOL ON FRIDAY. DO NOT PARK IN CHURCH PARKING LOTS ON SUNDAY.**

From Route 81 South or North – take the 17C/Elmira ramp. Take exit 69 to Endwell/Endicott. Keep to the right. Take The ramp on the right for Cr-33/Hooper Road. Bear to the right. Turn slight right onto Farm to Market Road/Cr-49. School will be on the right. Aquatics Center is at the very end of the school. Park in front/back/side. **DO NOT PARK IN THE LOOP IN FRONT OF THE SCHOOL ON FRIDAY. DO NOT PARK IN CHURCH PARKING LOTS ON SUNDAY.**



## 2014 East Zone Junior Senior Championship Endicott, NY



- PARKING:** Parking is available in the front, sides and in back of the Aquatics center. Additional parking is available at the other end of the school and in back. NO PARKING ON FRIDAY in the loop in front of the school. NO PARKING ON SUNDAY at either church across the street from the school
- SPECTATOR AREA** Concrete seating to the left of the pool entrance. Handicap accessible with elevator to Pool area and/or cafeteria/concession area.
- ATHLETE AREA** Teams will have reserved space in the cafeteria for team coolers, storage of all athlete bags and land drilling. Gel Station will be available outside the locker rooms in the hall. Teams will be delegated a locker room, please look for team name.
- PHOTOGRAPHER:** MIGZ Photography will be taking photos after each swim and orders will be taken.
- GRADUATING SENIORS:** Please provide a listing of all graduating seniors and the college they will be attending on the attached form.
- PROGRAM:** Will be available for purchase at the meet. Anyone who wishes to have a photo in the program needs to send a JPEG file to [jepullis@yahoo.com](mailto:jepullis@yahoo.com). Details on form at the end of the packet. **Deadline is February 22, 2014.**
- CONCESSIONS:** A variety of food will be available for purchase throughout the meet. Merchandise will also be available. If special dietary needs are necessary, please contact the host team and arrangements will be made. NO OUTSIDE Food or Coolers will be allowed into the facility. No food or drink, other than water is allowed in the Pool area. This will be strictly enforced.
- Kim Miller Scholarship Raffle and Fundraiser- Please participate and/or donate online at [bit.ly/kimmiller](http://bit.ly/kimmiller)**
- OFFICIALS:** Officials should wear white tops with black bottoms.  
Hospitality for Officials and Judges in designated area.

### \*\*\*TENTATIVE MEET SCHEDULE\*\*\*

Technical routines will swim before the free routine portion of each event.

**Friday, March 8:** 4 pm

**Saturday March 9:** 7am

Zone Awards

EZ Meeting at Host Hotel 7:30pm

**Sunday, March 10:** 8am.

Finals

Awards for Team Trophy

**\*\*\*\*Based on meet entries, the Meet Host, in consultation with the Tech and Scoring Chair, may adjust the schedule, including changing the day of scheduled events. We will adjust the schedule as soon as we get the entries counted and will notify you.\*\*\***

The East Zone Awards for Contributor, Athlete, Coach, Scholar Athlete, and the Kim Miller Scholarship will occur before the semi-final team competition. The East Zone Junior Championship High Point Trophy will be awarded on Sunday after all final events.

The East Zone Meetings will be held at the host hotel, Best Western, Saturday night at 7:30.



# 2014 East Zone Junior Senior Championship Endicott, NY



**ENTRY FEES:** Routines: \$10/person/event/per championship; One time Sponsor fee: \$15 per person

**ENTRY FORMS:** Form A Club Entry Form – **indicate S for Seeded** (1 entry form per championship)  
Form B/C Entry Fee Summary  
Form D Housing and Transportation  
Form E Officials availability Form

**ENTRY DEADLINE:** **February 22, 2014**  
No entries will be accepted after this date.

**EMAIL ENTRY FORM A to :** Maureenm@stny.rr.com  
Verify email entry by requesting a Read Receipt.

**MAIL ALL FEES, ENTRY FORMS A-E, PROOF OF USSS REGISTRATION, PROOF OF SCORE AND LIST OF GRADUATING SENIORS TO MEET MANAGER:**

Maureen Mueller  
9 Lancaster Drive  
Endicott, NY 13760

**MAIL ONE COPY ENTRY FORM A TO:**

Bob Wiegand  
21 Forest Lake Drive  
N. Tonawanda, NY 14020  
Please remember to include an accurate coach's email on first sheet.

**EMAIL ONE COPY OF FORM E TO OFFICIALS CHAIR AND EDUCATION CHAIR:**

Kim Kohut  
h2ophilia@hotmail.com

Sheila Wright  
[wrightsync@aol.com](mailto:wrightsync@aol.com)

NOTE: Include Practice Judges, Orals as well as Judges Availability and Coaching Level and Certs.

ALL ENTRY FORMS MUST BE SUBMITTED AS A WORD DOCUMENT OR PDF.

NO PICTURES OR JPG FORMATS OF THE ENTRY FORM WILL BE ALLOWED.

YOUR ENTRY WILL BE RETURNED TO YOU AND THE \$100 ZONE FEE WILL BE CHARGED TO

YOU IF YOUR CORRECTED ENTRY FORM IS SUBMITTED PASS THE DEADLINE OF

**FEBRUARY 22, 2014.**



# 2014 East Zone Junior Senior Championship Endicott, NY



## JUNIOR CHAMPIONSHIP QUALIFICATIONS AND INSTRUCTIONS

**If you intend to enter both Junior and Senior Championships, you must fill out a separate form for each championship meet and clearly identify your meet entry as Junior Championship or Senior Championship.**

### ELIGIBILITY

All athletes must be registered USSS Regular Athletes for 2014  
Age 13 AND OVER by birth year (athlete's birth year 2001 or before)

### QUALIFYING

Preliminaries minimum score:		Semi-finals minimum score	
Solo	66.00	Solo	73.00
Duet	65.00	Duet	73.00
Trio	64.00	Trio	73.00
Team	Open		

### SEEDING TO

1. Solo, Duet and Trio finalists (1-8) from the 2014 East Zone 13 over open Championships and top 3 finishers in solo and duet from the 2014 East Zone 13-15 Age Group Championship.

### SEMIFINALS

2. Solo, Duet and Trio Winner (1<sup>st</sup> place) from the 2013 East Zone Junior Championships.  
3. All solos, duets, and trios with the above semi-final minimum score.

### \*IMPORTANT

Please note that ANY routine that has 13 and/or 14-year-old members will NOT be eligible to qualify for U.S. Nationals. Preliminary scores may be earned at a Junior Association meet or Regional, Zone or National Championship. Semifinal seed scores must be earned at Regional, Zone or National Championships. Scores from Association Championships may not be used for seeding. Scores earned are valid for the next 2 competitive years. (Ex 2012 scores can be used at 2013 and 2014 competitions)

### EVENTS:

Prelim, Semi-Final and Final Events in Solo, Duet and Trio. Semi-Finals and Finals in Team.

### FIGURES:

Junior Compulsory  
308 Barracuda, Airborne Split 2.8  
355g Porpoise, Twist Spin 2.6  
Optional group to be announced within 72 hours of the start of the meet.

### AWARDS:

Medals 1<sup>st</sup> -3<sup>rd</sup> place, ribbons 4<sup>th</sup> – 8<sup>th</sup> place.  
(See 50% rule for honorary placement in final events in the attached New EZ Explanation sheets.)

### HIGH POINT TROPHY WILL NOW BE THE East Zone Junior Championship Trophy

### ALL STAR TEAM:

The top 16 athletes from the East Zone Junior Championship figure results, including split test bonus, shall comprise the East Zone Junior All Star Team.  
Athletes will participate in a right AND left water split, and a passing score will give the athlete a .25 point bonus added to her figure score for all star calculation purposes only.



2014 East Zone Junior Senior Championship  
Endicott, NY



## SENIOR CHAMPIONSHIP QUALIFICATIONS AND INSTRUCTIONS

**If you intend to enter both Junior and Senior Championships, you must fill out a separate form for each championship meet and clearly identify your meet entry as Junior Championship or Senior Championship.**

The purpose of this meet is for EZ senior athletes (15+) to have a zone championship to qualify for U.S. Nationals.  
The top 6 routines in solo, duet and team will qualify for U.S. Nationals in the Senior events.

**ELIGIBILITY** All athletes must be registered USSS Regular Athletes for 2014  
Age 15+ by birth year (athlete's birth year 1999 or before)

### QUALIFYING SCORES FROM A SENIOR ASSOCIATION, SENIOR ZONE CHAMPIONSHIP OR NATIONAL CHAMPIONSHIP:

Solo 73.00  
Duet 73.00  
Team 72.00

All Routines competing in this meet must do a Technical routine instead of figures.

**RULES TO GOVERN:** FINA Synchronized Swimming Rules  
United States Synchronized Swimming 2014 Official Rules  
Current East Zone Synchronized Swimming Handbook  
**\*Please see weather policy in East Zone Handbook in case of inclement weather\***

**EVENTS:** Semi-Final and Final Events in:  
Free Solo, Free Duet and Free Team  
Technical Solo, Technical Duet and Technical Team.

**AWARDS:** Medals 1<sup>st</sup> -3<sup>rd</sup> place, ribbons 4<sup>th</sup> – 8<sup>th</sup> place.



2014 East Zone Junior Senior Championship  
Endicott, NY



**Graduating Seniors**

Club	Name	College

**Information for program ads and photos**

Programs will be available for purchase at the meet.

If you would like to include your team photo or provide a shout out, please send all information and a photo in a JPEG format to [jepullis@yahoo.com](mailto:jepullis@yahoo.com) by February 22, 2014.

Prices are for color or black and white.

Please make your check out to BGC Gaviatas and mail to Nicole DoBell 2621 Purdue Drive, Vestal, NY 13850

	price
Business card/personal shoutout	10.00
¼ page ad	20.00
½ page ad	30.00
Full page ad	40.00



# 2014 East Zone Junior Senior Championship Endicott, NY



Provided by:



[VisitBinghamton.org](http://VisitBinghamton.org)

## Hotel Rate Information for: East Zone Championship Meet March 7-9, 2014

<i>Hotel</i>	<i>Single</i>	<i>Double</i>	<i>Triple</i>	<i>Quad</i>	<i>Amenities</i>
<b>Best Western Johnson City</b> <b>607-729-9194</b> 569 Harry L. Drive, Johnson City <a href="http://www.bestwestern.com/ofjohnsoncity">www.bestwestern.com/ofjohnsoncity</a>	\$92.00	\$92.00	\$92.00	\$92.00	Complimentary breakfast, extensive health club access, high speed internet, 80 cable channels, & lounge. <b>HOST HOTEL</b>
<b>Comfort Suites</b> <b>607-766-0600</b> 3401 Vestal Parkway E, Vestal <a href="http://www.comfortsuites.com">www.comfortsuites.com</a>	\$109.95	\$109.95	\$109.95	\$109.95	Complimentary hot breakfast, heated indoor pool, fitness facility, high speed wireless internet.
<b>Courtyard by Marriott</b> <b>607- 644-1000</b> 3801 Vestal Parkway East, Vestal <a href="http://www.marriott.com/bgmvs">www.marriott.com/bgmvs</a>	\$109.00	\$109.00	\$109.00	\$109.00	PLEASE CALL FOR A CONTRACT TO HOLD RATE. Indoor pool, fitness room, internet, free parking.
<b>Hampton Inn Johnson City</b> <b>607-729-9125</b> 630 Field Street, Johnson City <a href="http://www.hamptoninn.com">www.hamptoninn.com</a>	\$99.00	\$99.00	\$99.00	\$99.00	Full hot breakfast, fitness facility, indoor pool, high speed & wi-fi internet. Enter through Wegman's parking lot.
<b>Hampton Inn &amp; Suites</b> <b>607-797-5000</b> 3708 Vestal Parkway East, Vestal <a href="http://www.hampton-inn.com">http://www.hampton-inn.com</a>	\$119.00 Standard \$129.00 Suite	\$119.00 Standard \$129.00 Suite	\$119.00 Standard \$129.00 Suite	\$119.00 Standard \$129.00 Suite	Complimentary hot breakfast, indoor pool, fitness facility, high speed & wireless internet.
<b>Holiday Inn Express &amp; Suites</b> <b>607-348-0088</b> 3615 Vestal Parkway East, Vestal, NY <a href="http://www.hiexpress.com/binghamton">www.hiexpress.com/binghamton</a>	\$114.00	\$114.00	\$114.00	\$114.00	Complimentary hot & cold breakfast bar, high speed internet & wireless, indoor pool & fitness center.
<b>La Quinta Inn</b> <b>607-770-9333</b> 569 Harry L. Drive, Johnson City NY <a href="http://www.lq.com">www.lq.com</a>	\$92.00	\$92.00	\$92.00	\$92.00	Complimentary breakfast, extensive health club access, high speed internet, 80 cable channels, & lounge
<b>Quality Inn &amp; Suites</b> <b>607-729-6371</b> 4105 Vestal Parkway East, Vestal, NY <a href="http://www.choicehotels.com">www.choicehotels.com</a>	\$89.95	\$89.95	\$89.95	\$89.95	Complimentary deluxe hot breakfast, full service restaurant, fitness facility, high speed internet & wireless.
<b>Red Roof Inn</b> <b>607-729-8940</b> 590 Fairview Street, Johnson City, NY <a href="http://www.redroof.com">http://www.redroof.com</a>	\$59.99	\$69.99	\$69.99	\$69.99	Fitness facility, high speed & wi-fi internet, adjacent to Oakdale Mall and restaurants.

**NOTE: All prices subject to 13% Sales tax**

**There are a limited number of rooms available at the rates above – please call early.**



# 2014 East Zone Junior Senior Championship Endicott, NY



## East Zone Jr/Sr Zone Championships (Old Sr Zones)

This meet has 2 meets running together-

1. **East Zone Junior Championship.** The purpose of the Jr Championship is for EZ junior athletes to have a zone championship to qualify for U.S Nationals. The top 3 routines in solo, duet, and team will qualify for U.S Nationals in the JR events. \*\*Please note that for the 2014 season only a qualifying score of 73.00 for solo or duet and 72.00 for team will also qualify routines for U.S Nationals. If the athletes achieved this score in 2013 at a zone or national meet it may be used for entry to the 2014 U.S National championships. After 2014 the top 6 solos, duets and teams will qualify for U.S Nationals and qualifying scores will no longer be used.

A. **Who is eligible-** All athletes in the zone ages 13-19\*\*\*(please read following exceptions and information closely).

- Entry into the JR events at U.S Nationals clearly states that only athletes ages 15-18 in the current competitive year are eligible. Our zone allows 13,14 as well as 19yo athletes to compete at our JR/SR championships. Therefore:
  - Any soloist not of the correct age (15-18) may swim honorary in the final event and not take a place away from an athlete of the correct age. Points for the high point trophy will use the top 8 soloists regardless of age or if they are swimming honorary. Ex: Suzy is 14 years old and places 8<sup>th</sup> after figures are combined with her semifinal swim. Gretchen is 16 years old and places 9<sup>th</sup> after figures are combined with her semifinal swim. Gretchen and Suzy both get to swim in finals (there will be 9 finalists in this example). After finals Suzy has a combined score of 69.025 and Gretchen has a combined score of 67.275. Suzy will get the points for her team but Gretchen will not. This is important because after 2014 the only way to qualify for U.S nationals is through placement at our EZ Jr Championships and we need to make sure we have our top athletes of the correct age eligible for qualification.
- A duet made up of 1 athlete who is not of the correct age (15-18) and one athlete who is the correct age is not honorary. The “50%” rule allows the athlete of the correct age to be paired with another of her teammates of the correct age and compete at U.S Nationals. This is a coaching decision.
  - A duet that has both athletes that are not of the correct age (15-18) may swim honorary in the final event and not take a place away from athletes of the correct age. Points for the high point trophy will use the top 8 duets combined (figures +routine) regardless of age or if they are swimming honorary (please see solo example above).
- Teams- Teams with less than ½ of their members not of the correct age (15-18) will not be honorary. The “50%” rule allows the athletes to compete at U.S Nationals with the remaining team athletes of the correct age (15-18) but no less than 4.
  - A team with more than ½ of their members not of the correct age (15-18) may swim honorary in the final event and not take a place away from a team of the correct age. Points for the high point trophy will use the top 8 teams (figures + routine) regardless of age or if they are swimming honorary (please see solo example above).





## 2014 East Zone Junior Senior Championship Endicott, NY



- B. **How to qualify for the East Zone Junior Championship-** Attain a routine score of at least 64.00 in trio, 65.00 in duet, or 66.00 in solo at a JR/SR association meet, Zone championship meet, regional meet, or National Championship (scores are good for 2 years). The team event is open.
  - C. **Top 3-2014 (in 2015 and going forward the top 6) solos, duets, and teams will qualify for U.S Nationals. Also for the 2014 season only;** all solos and duets with at least a 73.00 and teams with at least a 72.00 routine score will qualify for U.S Nationals. The scores attained in 2013 are still acceptable for this year only.
  - D. **Over qualification-** None
  - E. **The high point trophy** from previous Sr. Zone Championships will now be given out at as the Jr. Zone Championship high point trophy and will be renamed as such.
2. **East Zone Senior Championships.** The purpose of this meet is for EZ Senior athletes (15+) to have a zone championship to qualify for U.S Nationals. The top 6 routines in solo, duet and team will qualify for U.S Nationals in the Senior events.
- A. **The events that will be competed** will be technical solo, duet, and team as well as free, solo, duet and team.
  - B. **Who is eligible-** All athletes in the zone age 15+ in the current competitive year.
  - C. **How to qualify-** Attain a routine score of at least 73.00 in solo or duet and 72.00 in team at a Sr association, Sr Zone championship, or National Championship.
  - D. **Over qualification-** None
  - E. **Instead of figures all routines competing in this meet must do technical routines.** Please read current FINA or U.S rulebook for all technical elements.
  - F. This meet will use all FINA rules pertaining to the technical routine elements and application of penalties when needed.
  - G. If only one club is represented at this meet there will not be a high point trophy awarded.

## FAQ'S

### How will this meet work?

The JR EZ championship meet will consist of preliminary, semifinal and final events when the entries are high enough in each individual event. The meet host in conjunction with the technical chair will organize the events based on the amount of entries in each meet. Only the top 20 junior soloists, 10 junior trios, 10 junior duets and junior 10 teams after the semifinal events will compete in the figure event. The top 8 routines in each event with a combined 50% routine and 50% figure average will compete in the final event. Places 9 and 10 will be pre-swimmer. \*\*Please read honorary rules as are listed above.

The SR EZ championships meet will consist of semifinal and final events in solo, duet, and team. The technical program in each event will compete before the free program in each event. 50% of the technical score and 50% of the free score will be added together and that will determine the top 12 finalists in each event. Place #13 will be pre-swimmer.

If no entries are submitted for the EZ sr zone championships there will not be a EZ sr zone meet held that year.



## 2014 East Zone Junior Senior Championship Endicott, NY



Please see below for **VERY TENTATIVE NOT DEFINITE** schedule. This schedule is only being given to show a possible meet timeline. Final schedule will be determined by the number of entries in each event. The technical chair along with meet host and scoring chair for the meet will determine final schedule.

### **Tentative Schedule- Only to be used as a guide and may change completely.**

**Friday-** 3:45 Doors open. Solo technical event (sr only), duet technical event sr only), solo semifinals (jr combined with sr), trio semifinal event (jr only).

**Saturday-** Duet semifinals (jr combined with sr), team semifinals (jr combined with sr). Parade of athletes and zone awards. Figure competition. Zone meeting.

**Sunday-** Finals Jr duet, Sr duet, Jr solo, Sr solo, Jr trio, Jr team, Sr team. \*\*Finals will be done separately or combined for Jr and Sr events depending on number of entries and finalists.

### **Can I enter a soloist in the Jr and Sr Zone championships?**

Yes. As long as the athlete is 15 or older she may enter both meets. A technical routine must be competed in the Sr portion of the meet and figures must be competed in the Jr portion of the meet.

### **Can I enter a duet and/or team in the Jr and Sr Zone championships?**

Yes. A technical routine must be competed in the Sr portion of the meet and figures must be competed in the Jr portion of the meet.

### **Can I enter a duet and/or team in the Jr and Sr Zone championships when not all of the athletes are the correct age? Ie: one member of the duet is 14 or several members of the team are under 15.**

Yes A technical routine must be competed in the Sr portion of the meet and figures must be competed in the Jr portion of the meet. The 50% rule applies for the duet and team. Entry into the Sr events at U.S nationals mandates the athlete must be at least 15 years old in the current competitive season.

### **Are trios still entered and competed at the meet?**

Yes trios are still part of the East Zone Jr championship (they do not qualify for U.S Nationals). They are not an event at U.S Nationals therefore they are not included in East Zone senior Championship.

### **Can athletes that are 12/U swim up and compete at these meets?**

No. Only athletes 13 and over are eligible for entry into the EZ Sr/Jr championships.

### **What are the Jr figures? What are the 2014 FINA technical elements for solo, duet and team?**

Please see the EZ handbook (2014 version), FINA synchronized swimming manual (2014-2017), or the U.S.S.S rulebook. Or contact the EZ technical chair Krista Bessinger [kbessinger@newcanaanyymca.org](mailto:kbessinger@newcanaanyymca.org)

If you have any questions at all please contact EZ technical chair Krista Bessinger (see above email).