

USAS Convention 2015
September 28- October 4, 2015

To the USA Synchro Board of Governors and Board of Directors:

First I would like to thank my board for their time and commitment to the East Zone this past year, especially to Jen Hatt, the East Zone secretary for keeping everyone informed, Betsy McGeoch- vice chair, Kim Kohut- officials, Pete McGeoch- Scoring, Sheila Wright – Education, Leah Lojo- Treasurer, and Svetlana Malinovskaya – Tech Chair. Our current Athlete rep is Caitlyn Klauer.

Secondly, I would like to thank our President Judy McGowan, past Executive Director Kevin Warner, Shari Darst and the other Zone chairs for making the time for monthly conference calls to discuss upcoming items and concerns from the Zones.

The East Zone had an exciting year with many swimmers making the National Team, personal bests being achieved, and overall a great Synchro Season.

We held our Zone Meet in March in New Canaan Connecticut and awarded the following Zone Awards:

Congratulations to New Canaan Aquianas for winning the East Zone Championship trophy!

Congratulations to the following East Zone Award Winners and our Scholar Athletes!

East Zone Scholar Athletes - 166 Swimmers – this was an increase of 28 additional swimmers, showing hard work in the pool and school!

East Zone Coach of the Year - Leah Pinette, ANA YMCA Synchro

East Zone Contributor - Kim Kohut

East Zone Athlete - Renee Collette, New Canaan Aquianas

Kim Miller Scholarship Winners – This was the 10th Anniversary for the scholarship and this Foundation was able to grant 2 awards this year due to the fundraising efforts of Host clubs at Zone meets. Congratulations go to:

Molly Spalding - Granite YMCA Catalinas

Sarah Tanner - Cambridge Synchro

The East Zone was very proud to represent the United States this year with several of our swimmers on National Teams.

First, and foremost, we are most proud of Anita Alvarez (TTA) for being picked to be a member of the Olympic Duet Team. Congratulations! Anita also represented the USA at the FINA World Championships in Kazan Russia in Team and Duet.

For the Junior National team, Caitlin Klauer (Optima Synchro) placed 1st in figures and 2nd in duet and solo at UANA Championship, Calgary CA.

On the 13/15 team, under the direction of Head coach Svetlana Malinovskaya (Optima Synchro) and Assistant Leah Pinette (ANA) we had the following representatives:

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Katherine Connolly (NCA) was Team 1st(reserve) UANA championship Calgary CA and placed 16th in the top 20 figures at UANA.

Lindi Schroeder - (Optima Synchro) Team 1st at UANA Championship Calgary CA, 2nd in Solo preliminaries, preswimmer in Finals, 4th place figures, Duet 1st (reserve). Lindi also placed 13th in figures and 6th (reserve) in duet at the Mediterranean (Comen) Cup.

Emmanuella Tchakmakjian – (NCA) Team 1st(reserve), 18th in top 20 figures UANA Championship, Calgary CA.

For the 12 under team we had Olivia Li -(Optima Synchro) was Team 1st (reserve) at the UANA Championships Calgary Canada.

We will be hosting our East Zone Coach's College at the Lake Placid Olympic Training Center November 6-8, 2015 and will be discussing this week clinics to train Assessors. We will also be hosting an All Star camp next October and are very exciting about these opportunities. Our elections for new board members will be occurring in March 2016.

The East Zone continually strives to increase our numbers and produce more elite athletes as we move forward.

Respectfully submitted,

Diana Lenzo – East Zone Chair, Adirondack.