

## East Zone Meeting Agenda

September 30-Oct 3rd, 2015  
Kansas City, MO

- Thursday, October 1, 2015
- 
- Welcome – Diana Lenzo
- Approval of March minutes (EZ March meeting 2015)  
**MOTION to approve of March Minutes -**  
**Motion – Krista Bessinger, second MaryEllen - APPROVED**
- National Office Items (Krista) 2 Coaches Colleges and  
2 All-Star Camps in 2016 - plus bids

**Motion to extend \$200 to the extra 2 athletes asked to attend All-Star Camp, Motion – Zsuzsa, second Laura E – APPROVED**

12 & Under All Stars – Is June enough time to prepare for the All Star camp. 2 camps next year – 1 East/1 West Who ever hosts and meets the requirements will be picked Oct 21-23 & 28-30

Please get the names of who needs CCP2 and decide whether it is needed for Lake Placid or do the clinic closer to teams that need it.  
CCP2 in South - November Orlando, Virginia – December Dallas Texas

Shari Darst and John Ortiz can only do assessor training.

CCP 1 and CCP2 are needed this year to be on deck, CCP3 for Nationals. You have to be compliant. Please get certified in advanced

Levels assessment can be done any time you want. Sanction fee \$30. Get together with your association and have at least 1.

Fees may be 1-\$15, 2- \$20, 3-\$25 Here's the catch: fees all go to USA Synchro the host club doesn't get anything from that fee.

Why are we paying USA Synchro when they are not doing the testing or hosting?

Because they will provide the patch and keep track of the results.

Why do the costs go up? Because they wanted the \$30 for all and Shari talked them down for the lower levels.

Discussion on timing changes... Rules Committee passed that Collegiates will not have to hold to the minimum standard. There was discussion on no minimums at Jr/Sr Zones. We did not vote on this so the time minimum still stands.

- Chair Report – Diana Lenzo – See Attached Report.
- Vice Chair/Awards Committee Report – Betsy McGeoch See Attached Report
- Treasurer Report – Leah Lojo - See Attached Report
- **Action Items from March**
  1. Appoint coaches rep to the USSS – Krista Bessinger? Diana to check on this
  2. Website – updates and hosting  
**MOTION to accept Mark as webmaster and minimal website fee – Motion - Betsy, second Susa – APPROVED**  
 We want Mark to be our webmaster.  
 For \$10/year we want to purchase [www.eastzonesynchro.com](http://www.eastzonesynchro.com)  
 for \$60/year we want to use the weebly platform.  
 Let me know so I can get with him.
  3. Vote a replacement for Tracy Neitzel for National Nominating committee.  
 Diana took over until convention and we will vote for a replacement at convention. No one came forward – Diana will continue.
  4. Proposal for Intermediates moving on to Regionals – See Attached  
**MOTION accept the proposal Motion – Krista Bessinger, second Betsy – APPROVED**  
 Discussion:  
 For: Lussa – the more we get involved the better for the sport  
 Robin: Better competition with more swimmers  
 Against: Mary Ellen – If you have a strong Association  
 Dale – unnecessary complication to tracking  
 Athletes – 3 For Alexi – good filling then empty spaces  
 Caitlin – For more competition, better for all  
 Scoring – no complications adding onto meet time  
 Who would track? If we have a good website  
 Diana – Who about we write out a plan and revisit Friday  
 Svetlana – Anna - Laura  
**VOTE majority in favor – Krista Besieger, second MaryEllen - APPROVED**
  5. National office would like us to address swimmer of the month. National Board Updates as an item for discussion – Judy
  6. Form a nominating committee for March elections  
 Nominating –: Meg Priess, Leah Lojo, Anna Montgomery – Alexis & Caitlin

Proposal for National Team funding -

**MOTION to pledge \$500 per athlete – 6 athletes - from our Zone**  
 Rationale – they paid \$7,500 pay to travel to compete on National teams. West has the largest number of athletes, East cones in 2<sup>nd</sup> then North, South  
 October is the final payment- payment plan

Motion Krista Bessinger, second Laura E.  
Proposed Amendment –

**New Motion: MOTION** to pledge \$500 per athlete – 6 athletes - from our Zone as long as the money is designated to those athletes.

Motion – Betsy McGeoch, second – Krista Bessinger - **APPROVED!**

Judy – the board are thinking of adding coaches college to convention and more zone meetings

Rooming at Convention – Zone Reps – 4 to a room please so the cost won't go up for athletes.

Svetlana – sites meeting -

Betsy -

Leah – See Report – Funds are going down need a way to replenish. Athlete fund raising ideas. Website with Paypal account to deposit into the Zone account.

Sheila – Can all Education Chairs meet with Sheila and discuss the

Pick up Friday – with Sheila

Nancy governance meeting – disbands at large membership votes

- Education Report – Sheila Wright –
  - Mary Ellen – Lake Placid – Things have changed – Shari will do CCP2 and Assessor training at lake placid. All athletes will be at lake placid coaches and extra may be down the road at hotel. CCP2 will be Saturday and Sunday until 1pm Assessors would be Friday night and Saturday night.
  - Foundation will be offering \$300 towards teams for education....
  - Silver Clinic – Dec 5&6 Owego, NY 12&U Saturday and 13 & older Sunday
    - 4 subject areas – 1 - All Star group – 2- Strokes – 3 land training – 4 someone for ballet extension
    - Judges update may occur. Contact Kim.
  - Coaches attending all star and in future will organize silver clinic the zone puts \$100 towards all star and \$100 stipend to cover expenses
  - Clinics – Athletes tend to be there without coach due to coaches training but others are sending athletes without a coach. No team can send athletes without a coach.

- Paola as clinician –meet with coaches as clinician Friday night to discuss
- Discussion: How do we feel that the coaches selected and going to all star come back and work as only clinicians for silver – room seemed favorable especially for 12 & unders hearing info from other coaches plus having 5 coaches will give more attention than 1 large name clinician
- Going forward the Zone will not put any money towards the All Star clinic until after the athletes fulfill their commitment to the zone at the Silver Clinic

Will the Zone be offering CCP or Assessors at Silver? As long as there is enough interest but that remains to be seen with who would go where.

Coaches Board – gymnastics trainers and certifications for safety – checking their certifications and bringing them on to USA Synchro membership to cover.

Can get instructor membership at USA Gymnastics \$15, safety course offered online as well.

Level 1-2 up to zone - level 3 for nationals – odd levels online and even as in-house course

4 things - coaches handbook, zone camp as fundraiser

Coach Mentors to be listed on the USA Synchro site – volunteer from each region - Region A - Region B - Region C - Region D

- Technical Report – Svetlana Malinovskaya - See Attached Report
  - 2016 Meets
  - 13-15 – Feb 12-14<sup>th</sup> Hamden, CT
  - Jr/Sr march 4-6 or March 11-13 – To be determined
  - March 18-20 – Tonawanda, NY & Cambridge, MA
  - June 10-12 – M Synchro – New Jersey
  - Please again have open space for stretching. Jr Zones Duet has to be true Junior age.
  - Jr/Sr Zones - Top 3 from Association Champs plus bonus for how many routines placed in 2014 Jr/Sr finals
  - Discussion: We had honoraries in Jr Zones how do we determine the Bonus entries? Svetlana to post.

- If we have someone unexpectedly could we move the Zone meeting to the 13-15 champs and add emergency assessment clinic in it's place at zone meet. Just go back to your association
- Officials Report – Kim Kohut - See Attached Report
  - Read by Jen Hatt – Get your updated association official forms to Kim and please get FORM E to Kim corrected and on date so she can prepare for the meets.
- Scoring Committee Report – Pete McGeoch - See Attached Report.
  - Scoring database – all athletes are in this please add new judges and swimmers and send to Pete. You can send membership reports to Pete with highlighting new swimmers
  - Members only section has the discount code for the update and actual program fee.
  - New updated Form A – Please use the new form and Intermediates and 12 &Us should be on the same form
  - US Opens in Long Island – thanks to NCA and Sheila for helping in Long Island.
  - Big thanks to Nicole for jumping in at JO's
- Athletes Report - Alexis Sandekian/Caitlin Klauer
  - All the meets ran pretty smoothly - Hamden doesn't have the extra pool
  - Developed the logo – to add to merchandise to sell at clinics
  - Kim Miller scholarship fundraiser idea – Allow people to wear Kim Miller caps at Jr/Sr Zones – FINA rule to wear white caps. Krista will bring back to Tina on how it will work. Great idea!
  - Get Kim Miller Scholarship info out to all teams. Coaches please distribute to your swimmers in junior year so they are aware.

Set committee up for East Zone Fundraising T-shirts etc.....

Leah Treasurer – Emma Brockman – Jen Wilchzynski

Svetlana – Looking into asking the host teams June/March to alter weekends so not to conflict with collegaites

**Krista – Judges Boards meeting** – committee written test be open book 3-4 revising orals procedures. Mentoring program for judges as well as coaches. National and FINA judges as mentors. 2016 routine and figure evaluation bases

on the judges. Sit down as often as possible and discuss what we see at the Zone meets. 5 judges can do evaluation within the program.

Pete would like to sit down and discuss with Myriam about the Colorado timing people and who gives the approval for what they need to work on and priority.

Within 2 weeks of a national meet they will get the info from the program and supply the evaluations to the national judges. Sue has come up with a spread sheet with lots of manual entries feed back. We hope to bring this to the zone level as well but will fall on the Zone official chair.

Pete – Sue – Kim need to get together and discuss above.

The number of National unaffiliated Judges at our meet is 20 judges, collegiate is 13. Unaffiliated Judges are only reimbursed for 30% of the costs incurred traveling to meets. Internationally you cannot travel to a meet if you do not have an unaffiliated National Judge.

If you are 16yr old please take the level 1 judges test. It will improved you as a swimmer as well as help our assoications.

Nancy – Zones should apply to foundation to request funds to get our unaffiliated judges to competitions

Sheila – 2 things – Do we as a Zone, want to try and set up a weekend to hold the levels assessment weekends.

Opinion on camps – Lindenwood camp package - did one for the North Zone and was successful as fundraiser for the Zone. This would be a way to get revenue for the zone. Diana – get with education chairs and discuss. Anna – how many coaches had swimmers go to camp this summer – about 8. Do we start from zero and go from there.

Dale – membership info – what membership gives your club the best options. What benefits to different memberships have, what do we want?

Jen Wilchzynski – athlete rep - great that we had so many athletes – most athletes talking today were not east zone - get up and speak if you have an opinion. Don't be afraid for the board for directors. Your opinion counts. 3 swimmers for and against is there so you can be heard. Your opinion counts.

Betsy – Every club has a stake in this, any athlete has an aspiration to go to the higher level meets. If we move to do levels now, the process could be more flexible now than if we wait.

Diana – Congrats to our Vice President Education and Certification, Krista Bessinger. All Star camp hosts

Nancy Wightman – there will be a motion to suspend the rules for this 1 item - to guarantee we have at large members – vote Yes to suspend the rules for this 1 items

2017 Collegiate Champs The Ohio State University

2017 US Nationals April 4-9<sup>th</sup> Oro Valley AZ

2017 Junior Olympics – Riverside or Greensboro is Riverside gets an International meet

2017 US Master's Claremont FL Oct 19-22

2018 US Junior Olympic Riverside June 22-30th

2018 US Master Roseville, CA Oct 18<sup>th</sup>-

**Motion to adjourn Betsy McGeoch – second Anna Montgomery**

Saturday, October 3<sup>rd</sup> 1:20pm

Jennifer Hatt

East Zone Secretary