

# ***East Zone Junior and Senior Championships***

March 13-15, 2015 New Canaan, 2015

## **PRE-MEET ANNOUNCEMENT**

**SPONSORED BY** New Canaan YMCA Aquianas

**MEET MANAGERS** Krista Bessinger Carol Valles  
[kbessinger@newcanaanymca.org](mailto:kbessinger@newcanaanymca.org) [cvallesnca@aol.com](mailto:cvallesnca@aol.com)

**FACILITY** **New Canaan YMCA**  
564 South Avenue, New Canaan, CT, 06840

**POOL SPECS** Length: 40yds with bulkhead placed at 25yds  
Width: 6 lanes (approximately 15yds)  
Depth: 12 feet w/gradual slope shallow to 4 feet  
Entry: Diving well, 12" from deck to water, two diving boards and diving tower.  
Spectator seating: on right diving toward shallow end.

## **JUNIOR ZONE QUALIFICATIONS**

1. Must be a registered USSS athlete.
2. Open to athletes between the ages of 15-18 with the following scores:  
Solo- 61.00  
Duet\*- 60.00  
Team\*\*- Open  
Combo\*\*- Open

## **SENIOR ZONE QUALIFICATIONS**

1. Must be a registered USSS athlete.
2. Open to athletes 15 years old and older with the following scores:  
Solo\*\*\*- 61.00  
Duet\*\*\*- 60.00  
Team\*\*\*- Open  
Combo- Open

\*For the 2015 competitive season only, a junior duet may include a 13 or 14 year old swimmer as long as the other competitor is 16 - 18 years of age. That duet swims as honorary and can advance to finals, but cannot place in finals.

\*\*Junior Team and Combo may include 13, 14 or 19 year old swimmers as long as 50% of swimmers are 15 – 18. If less than 50%, the team or combo swims as honorary and can advance to finals, but cannot place in finals.

\*\*\*Senior swimmers must enter Tech Routine in each event they compete except Combo.

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## **PRELIMINARY EVENTS**

**Junior** - Solo, Duet, Team, Combo and Figures

**Senior** - Tech Solo, Tech Duet, Tech Team, Free Solo, Free Duet, Free Team and Combo.

## **FINAL EVENTS**

**Junior** - Solo, Duet and Team: 12 highest scoring entries (combined Figure and Preliminary routine scores) shall qualify for the Final routine competition #13 is pre-swimmer

Combo: 12 highest scoring entries (Preliminary routine scores) shall qualify for the Final routine competition #13 is pre-swimmer

**Senior** - Free Solo, Free Duet and Free Team: 12 highest scoring entries (combined Tech and Preliminary Free routine scores) shall qualify for the Final routine competition #13 is pre-swimmer

Combo: 12 highest scoring entries (Preliminary routine scores) shall qualify for the Final routine competition #13 is pre-swimmer

## **TENTATIVE SCHEDULE**

Will be produced based on the pre-meet entries received after pre-meet entry deadline.

## **AIRPORT**

Westchester County Airport (HPN), LaGuardia Airport (LGA)

## **HOST HOTEL**

**Hilton Garden Inn**  
560 Main Avenue  
Norwalk, CT 06851  
(203) 523-4000

\$99+tax/double  
Group name- East Zone Synchro

All Clubs and officials interested in attending should complete the information requested and return the form by December 31, 2014 so the appropriate plans can be made.

Please send completed Pre-Meet Entry Form to both:

Krista Bessinger  
[kbessinger@newcanaanymca.org](mailto:kbessinger@newcanaanymca.org)

Svetlana Malinovskaya  
[optimasynchro@gmail.com](mailto:optimasynchro@gmail.com)

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## **PRE-MEET ENTRY FORM**

**NAME OF TEAM** \_\_\_\_\_

**NAME OF HEAD COACH/OFFICIAL** \_\_\_\_\_

**CONTACT PERSON** \_\_\_\_\_

**ADDRESS** \_\_\_\_\_

**CITY** \_\_\_\_\_ **STATE** \_\_\_\_\_ **ZIP** \_\_\_\_\_

**PHONE - HOME** \_\_\_\_\_ **WORK** \_\_\_\_\_

**FAX** \_\_\_\_\_ **EMAIL** \_\_\_\_\_

Please indicate the number of routines you plan to bring in each category:

Event	Solo	Duet	Team	Combo
Junior				
Event	Solo	Duet	Team	Combo
Senior				

Please indicate the total number of individuals participating in the following areas:

1. Athletes attending \_\_\_\_\_
2. Coaches attending \_\_\_\_\_
3. Judges attending AND available \_\_\_\_\_
4. Chaperones attending \_\_\_\_\_

**Please return completed form by December 31, 2014 to:**

Krista Bessinger [kbessinger@newcanaanymca.org](mailto:kbessinger@newcanaanymca.org)

AND

Svetlana Malinovskaya [optimasynchro@gmail.com](mailto:optimasynchro@gmail.com)

**THIS FORM MUST BE RETURNED TO RECEIVE FINAL ENTRY MATERIAL**